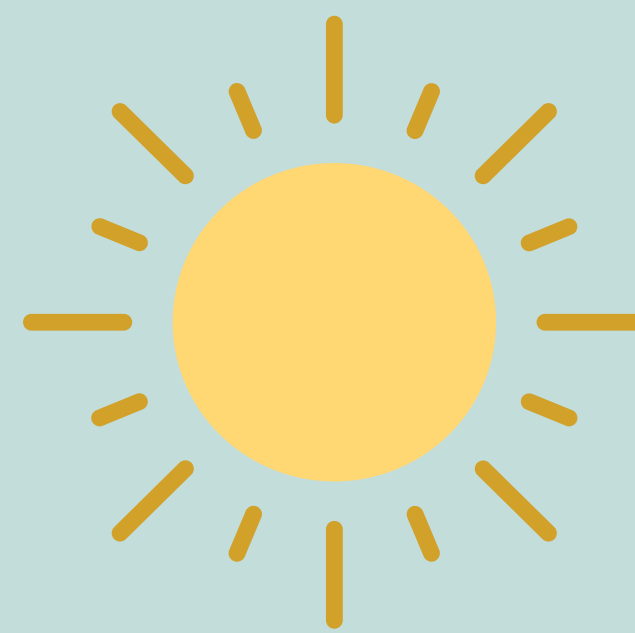


# Treating Severe Depression: Comparing IV Ketamine to Electroconvulsive Therapy

**This study will compare IV ketamine to electroconvulsive therapy (ECT). Participants will be randomly assigned to one of these treatments. After one month, if their depression has not improved, they will switch and try the other treatment option.**

**Patients referred to the ECT service at Providence Care will be asked if they would like to participate. They must:**

- Have severe depression
- Be between 18 and 70 years old
- Be physically healthy
- Not use recreational drugs
- Have a body mass index under 35
- Not be pregnant



**For more information, please contact Emily Kasurak, Clinical Research Coordinator at [kasurake@providencecare.ca](mailto:kasurake@providencecare.ca)  
613-544-4900 ext.52010**