

## ADULT MENTAL HEALTH REFERRAL (Outpatient)

ADULT MENTAL HEALTH PROGRAM (AMHP) – KHSC (HDH Site)

**PHONE:** 613-544-3400 ext. 3700 | **FAX:** 613-548-6032 | **EMAIL:** AdultMHIntake@KingstonHSC.ca

**★All sections must be completed★**

Please note that all sections of this referral must be completed, and relevant collateral information included or the referral will be considered incomplete and returned to you. Please also note that our catchment area for KHSC-AMHP Outpatient is Kingston, Frontenac, and Lennox & Addington; any referrals from outside these areas will be returned and redirected.

**Date of referral:** \_\_\_\_\_ **Referral source:** \_\_\_\_\_

(yyyy/mm/dd)

**Referred by:**  Family Physician  Nurse Practitioner  Other: \_\_\_\_\_ **Billing number:** \_\_\_\_\_

**Referral stream:**  General / Routine  Urgent (Emergency Department / Urgent Care / KHSC Inpatient only)

**Family Physician:** \_\_\_\_\_ **Telephone:** \_\_\_\_\_ **Fax:** \_\_\_\_\_

**Name of patient:** \_\_\_\_\_ **Gender:**  Female  Male  Other: \_\_\_\_\_

**Date of birth:** \_\_\_\_\_ **Health Card:** \_\_\_\_\_ - \_\_\_\_\_ **Language:** \_\_\_\_\_ **Interpreter?**  Yes  No

(yyyy/mm/dd)

**Telephone (Home/Mobile/Work):** \_\_\_\_\_ **Telephone (Other):** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Email:** \_\_\_\_\_ **Email consent provided:**  Yes  No

**Preferred method of contact:**  Phone  Email  Mail **Can a detailed message be left?**  Yes  No

★ Please note that the first contact with the patient by our intake team will be by telephone ★

**Health care proxy:** \_\_\_\_\_  Power of Attorney  Substitute Decision Maker  Trustee

(PRINT NAME)

**Reason for referral / presenting concern** (symptoms, duration, diagnostic impressions and goals):

Large empty box for providing details on the reason for referral, symptoms, duration, diagnostic impressions, and goals.

**Impact on daily functioning?**  Mild  Moderate  Severe

**Risk factors** (If yes, please provide explanation, frequency and additional details in the area provided):

Threat(s) to self:  Yes  No \_\_\_\_\_

Threat(s) to others:  Yes  No \_\_\_\_\_

Family violence:  Yes  No \_\_\_\_\_

Legal issue(s):  Yes  No \_\_\_\_\_

Substance use/abuse:  Yes  No \_\_\_\_\_



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**Any relevant medical or psychiatric history** (developmental delay, epilepsy, dementia, head injury, etc.):

**Previous psychiatric diagnosis(es):** \_\_\_\_\_

**Current medications** (please include herbal supplements, prescriptions non-prescription medication or naturopathic remedies):

★ *Please attach medication list if possible* ★

MEDICATION	DOSE (include units)	FREQUENCY	COMMENTS

**Adverse reactions:** \_\_\_\_\_ **Pharmacy:** \_\_\_\_\_

**Any previous or current psychiatric / community mental health involvement** (please provide as much detail as possible):

- I acknowledge that this referral has been reviewed with the patient/client and that they are aware that they will be contacted, and their needs will be assessed by the Adult Mental Health Program at KHSC-HDH for the most appropriate service.
- I have attached previous psychiatric reports, psychological testing or other relevant assessments.

**PRINTED NAME                      DESIGNATION                      SIGNATURE                      DATE (yyyy/mm/dd)                      TIME (hhmm)**

Please confirm acknowledgement of the following:

- We are unable to provide the following services: disability follow-up appointments as part of Employment Insurance, Canada Pension Plan, Workplace Safety & Insurance Board, Ontario Disability Support Program requirements; Independent Medical Evaluations for Court and Child Welfare Assessment; Forensics or Capacity Assessments.
- We do not offer crisis services. If you need immediate support, are at imminent risk, or if the patient is in crisis please refer to your local crisis line or present to your local emergency department for assessment.
- Treatment approach and duration are at the discretion of the AMHP Clinician(s) and Psychiatrist(s), and is limited to 12-months.