Adult Mental Health Program

The Adult Mental Health Program at Kingston Health Sciences Centre’s Hotel Dieu Hospital site is a non-urgent, short-term intervention service that provides assessment, consultation, pharmacological treatment, and group psychotherapy for adults aged 18 years and older who are dealing with one or more mood and anxiety disorders.

Referrals

Referrals to our program are initiated by family health care practitioners, from whom we may request additional medical history in order to better serve our patients.

Referral Form