

# Seniors Mental Health Outreach

## **Referral Criteria:**

Seniors Mental Health Outreach provides specialized mental health services for older adults with cognitive disorders such as dementia, late onset mental health needs, and younger adults with suspected progressive dementia.

## **Type of Service:**

Seniors Mental Health Outreach provides interprofessional comprehensive assessment, treatment recommendations, care planning, referrals, and education for older adults living with dementia and/or late onset complex mental health needs.

As a specialty service, the team works in a shared care model with the primary care provider (family physician or nurse practitioner). Services typically include assessment by a registered nurse case manager and consultation with a geriatric psychiatrist. It may also include assessments from a neuropsychologist, occupational therapist, or social worker. The team works with the person and care partners, providing short term follow up until symptom stabilization.

**Form:** [500199 Behavioural Support Services Referral – Seniors Mental Health Outreach](#)