

# Catherine Bobek

My name is Catherine Bobek. I graduated from Queen's University Psychiatry Program in June 2020. My journey in residency has been a very special one for me. I was convinced early in my residency, in first year, that I made the best decision choosing this program. The faculty members and residents made me feel so welcomed and are so friendly. I felt comfortable working with them. When I ventured out to complete my off-service rotations in second year the atmosphere was no different in other departments at Kingston Health Science Centre. During my 5 years I have had many mentors both senior residents and faculty members who I admire for their dedication and passion for psychiatry. They have helped me strengthen my skills, knowledge and have helped me prepare to transition into practice.

The Queen's University Psychiatry residency program provides opportunities to travel abroad and attend conferences. The program offers support to attend various lectures and review courses prior to writing the board certification examinations. I have always felt very supported by the program directors; faculty members and co-residents and I am grateful for that.

I enjoy living in Kingston and find its uniqueness charming. There is plenty to do and plenty exceptional restaurants to choose from! Kingston has concerts and plays all year round and festivals to enjoy during the holidays. The city is a short distance to go apple and berry picking in the summer and a walk-through corn mazes in the fall. If you are looking to get away to the big cities, it is only a small drive away.

I would highly recommend that you consider Queen's Psychiatry residency program.

*Dr. Catherine Bobek*

Queen's 2020 Graduate