

# Adult Treatment & Rehabilitation



## Mandate

To provide specialized assessment, treatment and rehabilitation to adults with schizophrenia, mood disorders, personality disorders and dual diagnosis.

## Overview

### Inpatient Services

#### **Adult Treatment and Rehabilitation Services Inpatient Program:**

The program has four inpatient units. Two units focus on inpatient assessment, diagnosis and stabilization for individuals who present with complex or rare illnesses and the other two have a rehabilitation focus and are dedicated to discharge planning and facilitating the transition to community living. Individuals served often present with a primary psychiatric diagnosis and concurrent developmental delay, addiction, acquired brain injury or other diagnosis that increase the complexity of the care required.

### Outpatient Services

#### **Schizophrenia/Rehabilitation Outpatient Services:**

The majority of the Kingston-based outpatient services associated with the Schizophrenia/Rehabilitation Service are co-located at 525 and 533 Montreal Street. This site is easily accessible to clients, many of whom live nearby. The interdependence of the services at 525 Montreal Street enhances care and promotes efficient use of resources. These programs include:

- Community Integration ACT Team
- Psychosocial Rehabilitation ACT Team
- Community Outreach Team
- Vocational Rehabilitation Services
- Voices Opportunities and Choices Employment Club (not-for-profit, incorporated affirmative business)
- Community Connections Recovery Program
- Community High Intensity Treatment Team (which is located at Mental Health Services site)

#### **Mood Disorders Research and Treatment Services:**

- Outpatient Clinic
- Group Programs
- Outreach Team
- Northern Frontenac Rural Outreach Program
- Electroconvulsive Therapy and TMS Treatment

## Personality Disorders Outpatient Services:

- Chrysalis Day Program
- Managing Powerful Emotions
- Individual follow-up
- Outreach and Consultation
- Education

## Developments

The remainder of the dually-diagnosed clients who were formerly housed at the Royal Ottawa Hospital were received and they have transitioned well to Providence Care. A series of seminars conducted by the Developmental Consulting Program at Queen's University has been offered for Providence Care and Leeds & Grenville Community Rehabilitation and Counselling Service staff to help better serve the dually diagnosed clients. We have also sent staff to the Geneva Institute in Toronto. A multisensory Snoezelen room is being installed on one of the units to better serve the dual diagnosed clients.

In March 2011, the Adult Treatment and Rehabilitation Service engaged in a successful external review of the services we provide. This review was very comprehensive and looked at all aspects of the program and the feedback from the assessors will help us to move forward and plan for the future.

In May, the Community High Intensity Treatment Team underwent an external review which documented the significant outcomes the team has achieved in successfully transitioning clients to the community and achieving a 95% reduction in bed days for former long stay inpatients. The Team's role in providing Assertive Community Treatment within Lennox & Addington County represents the first opportunity for L & A clients to access a dedicated treatment program that can meet or exceed the intensity of ACT Team services. Without the presence of CHITT, community service providers stated they "could not safely or effectively support the clients."

ATR co-hosted two major conferences this year. In May 2011, **Partnerships That Work** looked at partnerships that bring together the knowledge, expertise and resources of people and organizations essential to the lives of individuals with mental health and addictions issues to improve access to services, enhance the capacity for support and foster innovation. In September, we followed this conference up with **Walk Out, Walk On**, a gathering of mental health providers to share experiences, explore, understand and articulate what the concept of collaboration means to mental health service providers in the Southeast.

Many staff from ATR are actively involved in the planning for the new hospital including regular representation on planning committees as well as making site visits to recently completed mental health facilities.

In partnership with Frontenac Community Mental Health and Addiction Services, ATR is cooperatively looking at ways to transition clients back into the community successfully. The goal of this partnership is to transition 24-28 long-stay inpatients to community living as well as developing a long-term plan for transitioning future inpatients into the community.

## Recruitment

In October 2011, we welcomed Dr. Dusan Kolar to the Mood Disorders Research and Treatment Services working with both inpatient and outpatient populations.

## Education

Physicians in ATR are actively involved in many aspects of education.

Clinical Clerks: In 2011, thirty-seven three week rotations were offered to Clinical Clerks by Dr. Feakins (14), Dr. O'Brien (10), Dr. Cabrera (9), Dr. Jokic (2) Dr. Millson (1), and Dr.El-Adl (1).

Residents: In 2011, there were sixteen rotations for Residents within ATR who were supervised by Drs. Jokic and Cabrera (8), Dr. Cabrera (2), Dr. O'Brien (2), Drs. Feakins and O'Brien (2), Dr. Millson (2), and Dr. Goff (1). Several Residents also were involved in providing psychotherapy to individual clients under the supervision of a psychiatrist.

Clinical Fellows: Dr. Abdul Al-Rowaished – supervised by Dr. Ruzica Jokic

### Department of Psychiatry Teaching:

Dr. Ruzica Jokic is the Director of Postgraduate Education for the Department of Psychiatry at Queen's University. In that role, she is very involved in the orchestration of the postgraduate program and this year the program participated in a successful accreditation.

Dr. Simon O'Brien received the award for Faculty Excellence in Undergraduate Teaching for 2011.

Department of Psychiatry Resident/Clerkship Teaching: Dr. Ruzica Jokic, Dr. Casi Cabrera, Dr. Martin Feakins, Dr. Stephen McNevin

### Grand Rounds:

Dr. Martin Feakins with Yola Oczkowski, June 24, 2011 - Community Clozapine Commencement for clients followed by the Community High Intensity Treatment Team (CHITT)

## Administration/Leadership Roles

### Leadership Roles:

Dr. Roumen Milev

- Department Head, Department of Psychiatry

Dr. Simon O'Brien

- Co-Chair, Division of Adult Psychiatry, Providence Care, Mental Health Services
- Deputy Head Adult Division (Clinical), Providence Care, Mental Health Services
- Acting Clinical Director, Adult Treatment and Rehabilitation Services, Providence Care, Mental Health Services
- Director of Admissions, Inpatient Services, Schizophrenia Rehabilitation Services, Providence Care, Mental Health Services

Dr. Ruzica Jokic

- Director of Postgraduate Education, Queen's University, Department of Psychiatry
- Clinical Director, Mood Disorders Research and Treatment Services, Providence Care, Mental Health Services

Dr. Richard Millson

- Clinical Director, Schizophrenia Rehabilitation Services, Providence Care, Mental Health Services

Dr. Stephen McNevin:

- Director, Division of Psychiatry, Health Counselling and Disability Services, Queen's University

**Committees:**

Dr. Simon O'Brien:

- Chair, Admissions, Transfers and Discharges Committee
- Chair, Credentials Committee
- Chair, Divisional and Programs Affairs Committee
- Member, Clinical Performance, Quality and Safety Committee
- Member, Medical Staff Association
- Member, Professional Advisory Committee
- Member, Department of Psychiatry Council

Dr. Ruzica Jokic:

- Chair, MDRTS Research Committee
- Chair, Residency Training Committee
- Member, MAD Conference Planning Committee
- Member, Residency Program Committee, Department of Psychiatry
- Member, Clinical Appointments Committee, Department of Psychiatry
- Member, Department of Psychiatry Council
- Member, Academic Affairs Committee, Queen's University
- Member, Education Committee, Canadian Psychiatric Association
- Member, Coordinators of Psychiatric Education (COPE)

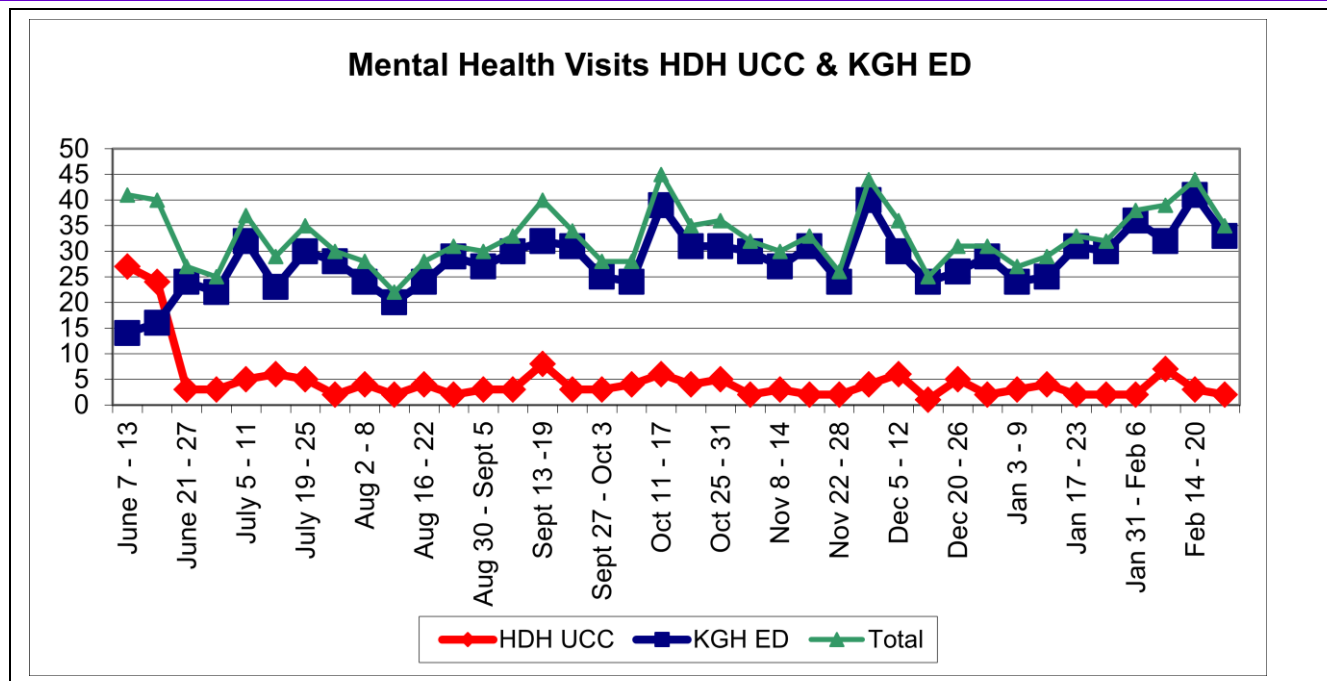
Dr. Valerie Goff:

- Member, Quality Audit Committee, Providence Care, Mental Health Services

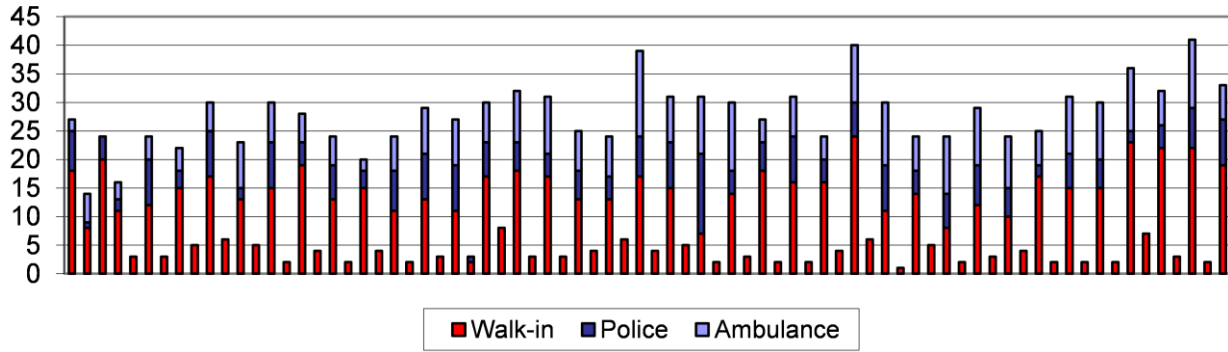
Dr. Stephen McNevin:

- Chair, Medical Quality Audit committee at Providence care MHS Member, Member, Management Group at Queens Health Counselling and Disability Services (HCDS)
- Member, Mental Health Working Group
- Member, Operational Advisory and Planning Group for Mental Health Issues on Queens Campus under the Dean of Student Affairs
- Member, Foci Working Group that is helping plan for the move to Quadra Med and EHR at Providence Care.

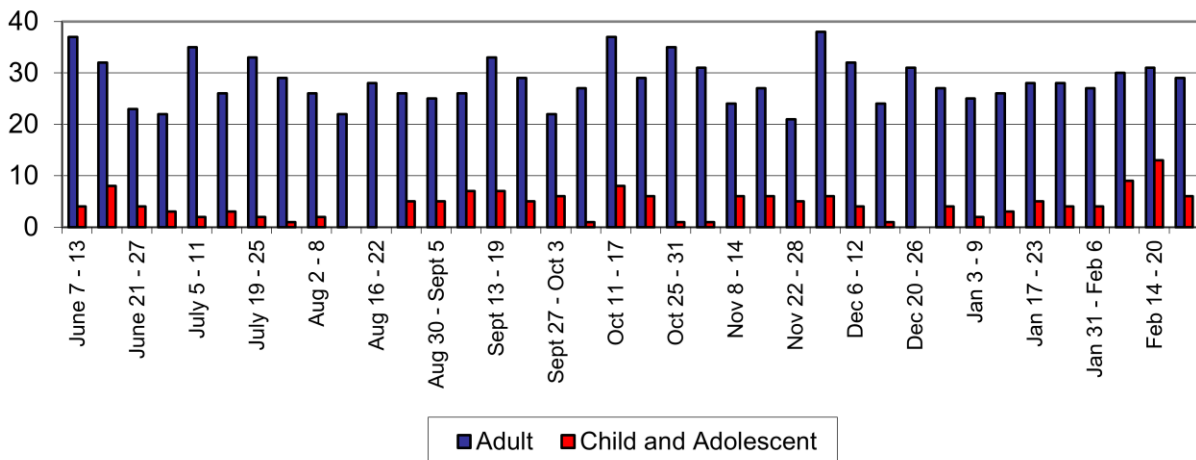
**Stats**



### MH Visits by Mode of Arrival



### MH Visits: HDH UCC & KGH ED Combined



### Mental Health Visits: Child & Adolescent and Adult

