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It is with great pleasure that I invite you to review the 2015-2016 Annual Report for the Department of Psychiatry at Queen’s University and affiliated teaching hospitals and community partners.

The report summarizes the life of the department during the year and highlights the many achievements. I would like to take this opportunity to thank all member of the Department for their dedication and hard work. The Department of Psychiatry provides the majority of psychiatric clinical services in Kingston and the vicinity. Our faculty members deliver high quality, evidence-based clinical services and are also skilled and committed educators for undergraduate, postgraduate and continuing medical education. The Department’s research output has increased significantly over the last few years and is reflected in the increased number of grants and peer-reviewed publications.

Enjoy!

ROUMEN MILEV
Overview

The Undergraduate Education Program in Psychiatry oversees the delivery of psychiatry teaching across the four years of medical school. In addition, a number of our faculty teach clinical skills, lead facilitated small group learning and supervise critical enquiry groups, thus increasing the profile of psychiatry in the Undergraduate Medicine Program. The psychiatry curriculum is a competency-based curriculum, introduced in first year and progressing longitudinally across the four years in a relevant integrated manner.

Developments

Reviews of the clerkship and pre-clerkship courses have been very positive. We continue to develop more effective teaching and assessment practices.

The psychiatry interest group is lead this year by the first-year medical students, Stanislav Pasyk and Lyubov Bryushkova. Staff support is provided by Drs. Casi Cabrera and Rick Millson. There have been two lunch-time meetings so far this year. The first, which occurred on November 10th, 2015, was on “Choosing Psychiatry as a Career”. It was a panel discussion by practicing psychiatrists and was well attended by first and second year medical students. The second talk was given by Dr. Millson on an overview of psychotherapy.

Education

A new FSGL (Facilitated Small Group Learning) case was developed for the Term 4 Psychiatry module focusing on the themes of acute confusion in young adults and first episode of psychosis.

A new wellness curriculum spanning four years has been developed, focusing on resilience.

Third and fourth year medical students continue to be taught in many locations. In addition to all three hospitals in Kingston, students go to hospitals in Brockville, Oshawa, and Markham. Students who do the Integrated Program have additional psychiatric supervision in the community in Brockville.

Administration/Leadership

Dr. Rick Millson has taken on the role of clerkship director. Drs. Nisha Wijeratne and Neeraj Bajaj have taken over the position of pre-clerkship co-directors. Dr. Fitzpatrick will mentor them through their first year.

A number of faculties have taken on significant roles in the Undergraduate Medical Program. Dr. Cherie Jones is the Director of Clinical Skills for the Queen’s Medical School and Dr. Renee Fitzpatrick is the Director of Student Affairs.

Undergraduate Psychiatry Prizes

Prizes awarded to medical students were awarded as outlined below:

The Virginia Parker Prize – Leads Class in Psychiatry: Prize was shared between Kristen McAlpine and Ashwin Ramasubbu

The Professor’s Prize in Psychiatry – Highest Mark in Psychiatry: Prize was shared between Osbert Zalay and Eve Purdy

The John Wong Award was awarded to Ashwin Ramasubbu
Overview

The Residency Program Committee (RPC) is responsible for the planning and implementation of the postgraduate education in Canada in accordance with the requirements of the Royal College of Physicians and Surgeons of Canada (RCPSC). Reporting directly to the Academic Affairs Committee and the Chair of the Department, the RPC is also responsible for the content of the curriculum and all evaluation procedures. The Committee meets monthly and is chaired by the Program Director (PD).

The main responsibilities of the RPC are designated to Portfolio Managers (PMs). The PMs assume leadership for tasks of the RPC such as Curriculum and Academic-half-day planning and review and CaRMS selection process. Each PM reports to the monthly RPC meeting.

Since 2014, our Program introduced the roles of Academic Advisors. Each faculty-psychiatrist RPC member is responsible for overlooking the training of 6-7 residents, documenting their progress, assisting with their CanMEDS portfolio and identifying areas of strengths and weaknesses.

Developments

The Psychiatry Residency Program welcomed six PGY-1’s to the Residency Program in July of 2015: Sarah Adams, Jamey Adirim, Anees Bahji, Catherine Bobek, Marie Gojmerac, Amer Sapru and Jen Wong. Five residents: Nam Doan, Mitra Monir Abassi, Barinder Singh, Nisha Wijeratne and Daniela Volochniouk all passed their RCPSC exams and graduated from our program in 2015.

In October of 2015, the Program underwent a successful Internal Review mandated by Queen's University and the Royal College. Many strengths of the program were identified including the leadership, strong support for resident research including funding and appropriate oversight, innovative “portfolio manager” structure within the RPC, with Academic Advisor capacity model in the RPC allowing for effective resident training and feedback.

The Program is actively participating in the transition to Competency-Based Medical Education. Several members of the RPC participate in the Department of Psychiatry CBME sub-committee.

Education

Residents are involved in the development and implementation of the curriculum which includes academic seminars, small group teaching sessions and workshops that promote interactive resident and faculty participation. Residents are encouraged to pursue their interest in teaching junior colleagues and students. The Program has provided protected time every Wednesday from 1 – 4:30 for residents to attend their academic teaching which include Interviewing Skills, OSCEs as well as core seminars. Residents attend courses in Cognitive Behaviour Therapy (Dr. M. David), interpersonal psychotherapy (P. Kasurak). One of the major strengths of the psychotherapy program is the ongoing Supportive Psychotherapy Course for second year residents organized by Dr. L. Flynn.

Research

Residents were actively involved in research activities in 2015. Research was presented at the APA, CPA, EPA and Department of Psychiatry Research Day.

Administration/Leadership

The RPC and the Program Director are responsible for the following:

1. To establish or revise general policies and objectives of the residency training program;

2. To consistently monitor accreditation standards are being met. This includes ongoing assessment of the educational program, including review of resources, and the individual components of the teaching program;
3 Coordinating the selection of applicants for admission to the program through an established process;

4 To ensure a sound resident evaluation and promotion process and provide a mechanism of appeal on issues of evaluation and training;

5 Regular review and maintenance of the curriculum;

6 Promoting communication between faculty and residents on matters relating to the Residency Training Program;

7 To ensure that resident evaluation of faculty is conducted in a timely, confidential manner monitored by the Program Director;

8 To ensure residents are provided opportunities to attain all competencies as outlined in the RCPSC Objectives of Training in Psychiatry;

9 To establish mechanisms to provide career planning and counselling for residents.
Overview

**Weekly Grand Rounds**

1. Rounds featuring prominent guests whose work is internationally recognized.

2. Rounds presented by each division. In these the divisions report on their achievements, activities and collaborations.

3. Resident Rounds

**Administration/Leadership**

**Chair:** Dr. Alina Marin

**Members:** Dr. Carolyn Woogh, Dr. Deborah Elliott, Dr. Eric Prost, Dr. Maria Hussain, Dr. Tariq Hassan
Overview

The Faculty Development Planning Committee shall be advisory to the Department of Psychiatry Council, Queen's University regarding planning of educational activities that will support academic roles of persons working within the programs of the department. This includes psychiatrists and allied health professionals engaged in the academic mission of the department.

Its primary role is to support the academic development of the department by facilitating and encouraging teaching and scholarship. The focus will be on:

- Teaching Skills Development
- Career Development
- Faculty development presentations/seminars on Enhancing student motivation, Professionalism, Preparing the Teaching Dossier
- Career planning with faculty

Developments

The focus of our activities this year was on improving the communication with our trainees and enhancing the effectiveness of the feedback provided to the students and residents thus amend the training process in the department.

A New Faculty mentoring working group was established. The mandate of this group is to find implement a model that would best suit the department in facilitating the integration of new faculty in the departmental culture, enhancing professional productivity and improving retention.

Administration/Leadership

Chair: Dr. Alina Marin

Members: Dr. Casi Cabrera, Dr. Susan Ilkov-Moor, Dr. Jessica Jones, Mr. Paul Kasurak, Dr. Sarosh Khalid-Khan
Overview

The department has a wide range of research and clinical studies resources. Our research units have well-developed infrastructure to support our studies and well-trained staff that have many years of both clinical and research experience.

Research Day

Our annual research conference was held on June 24, 2015 at the Donald Gordon Centre. There were approximately 80 people in attendance. We were able to hold break-out sessions again this year. Dr. Daniel Blumberger came from the Centre for Addiction and Mental Health in Toronto. Dr. Blumberger's talk was entitled "Brain Stimulation Treatments for Depression: Recent Advances and Future Directions". This talk was well received.

2015 Department of Psychiatry Research Grants

The Department of Psychiatry continues to set aside $20,000 each year for Research Assistance Grants (approximately $2,000 per grant) to assist with any aspect of a research project. The following individuals received awards for their research:

<table>
<thead>
<tr>
<th>Title of Project</th>
<th>Primary Investigator</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prazosin Treatment of Nightmares</td>
<td>Y. Xie</td>
<td>$ 1,200</td>
</tr>
<tr>
<td>Operational Stress Injuries in Firefighters, Emergency First Responders, and Corrections workers</td>
<td>D. Groll</td>
<td>$ 2,000</td>
</tr>
<tr>
<td>Falling Through the Cracks</td>
<td>M. Rivera</td>
<td>$ 2,000</td>
</tr>
<tr>
<td>Outcome Measures for Short Intensive Mental health Day Treatment Program</td>
<td>N. Bajaj</td>
<td>$ 400</td>
</tr>
<tr>
<td>The Use of Standardized Patients in Years 2 and 4 of Residency</td>
<td>R. Fitzpatrick</td>
<td>$ 1,920</td>
</tr>
<tr>
<td>Website for Individuals with Schizophrenia</td>
<td>T. Kim</td>
<td>$ 500</td>
</tr>
<tr>
<td>SWEP Student Compensation</td>
<td>X. Liu</td>
<td>$ 2,000</td>
</tr>
<tr>
<td>Prejudiced Attitudes Towards Aboriginals in Healthcare</td>
<td>P.S. Reddy</td>
<td>$ 2,000</td>
</tr>
<tr>
<td>Serum Vitamin C</td>
<td>R. Millson</td>
<td>$ 3,102</td>
</tr>
<tr>
<td>Eating Disorders: Journey from DSM IV to 5</td>
<td>P. Nadkarni</td>
<td>$ 2,000</td>
</tr>
<tr>
<td>RESOLVE Video</td>
<td>F. Naeem</td>
<td>$ 1,000</td>
</tr>
<tr>
<td>Prazosin for Sleep Disturbances in Adults with PTSD</td>
<td>D. Khachatryan</td>
<td>$ 1,000</td>
</tr>
<tr>
<td>Diagnostic Test Accuracy of Depression</td>
<td>D. Seitz</td>
<td>$ 2,000</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td></td>
<td><strong>$21,122</strong></td>
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We held the second competition for larger grants. The purpose of these grants is to provide funding to projects that are expected to lead to applications to external granting agencies and/or increase collaborations with other research groups and agencies. The following individuals received funding for their studies:

<table>
<thead>
<tr>
<th>Grant PI</th>
<th>Title</th>
<th>Awarded</th>
</tr>
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<tbody>
<tr>
<td>F. Iftene</td>
<td>Mental Disorders in Adults with Childhood Out-of-Home Placements</td>
<td>$ 15,000</td>
</tr>
<tr>
<td>F. Naeem</td>
<td>Cognitive Behavioural Therapy (CBT) Based Guided Self-help for Patients With Psychosis</td>
<td>$ 19,673</td>
</tr>
<tr>
<td>D. Seitz</td>
<td>Incidence and Risk Factors for Mental Health Disorders for Older Adults Following Acute Care Hospitalizations: A Population-Based Cohort Study</td>
<td>$ 20,000</td>
</tr>
<tr>
<td>P.S. Reddy</td>
<td>Tool Development for Assessing the Risks Associated with Psychopharmaceutic Agents Use in Children: A Pilot Study with Atomoxetine</td>
<td>$ 20,000</td>
</tr>
<tr>
<td>M. Rivera</td>
<td>Online Dialectical Behavioural Therapy. The New Method of Delivering Psychotherapy to Patients With Borderline Personality Disorder</td>
<td>$ 20,000</td>
</tr>
<tr>
<td>N. Roberts</td>
<td>Preventing Aggression in 8-12 Year Old Boys Exposed to Family Violence: 12 Month Outcome Study of Classroom Based Prevention Program</td>
<td>$ 29,000</td>
</tr>
<tr>
<td>TOTAL</td>
<td></td>
<td>$123,673</td>
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Developments

Dr. Julia Kirkham received first prize for her poster “Meta-Analysis of Problem Solving Therapy for Older Adults with Depression” at the American Association for Geriatric Psychiatry meeting last week in New Orleans. Her submission was selected as first out of 90 submissions in the Early Investigator category for the AAGP which is a highly competitive meeting.

Dr. Nazanin Alavi received the European Psychiatric Association Research award. Dr. Alavi also received the 2015 Resident Psychiatric Research Scholars Fellowship from the American Psychiatric Association.

Dr. Bola Odejayi, PGY 5 resident, received the Massachusetts General Hospital Public and Community Psychiatry Fellowship for the academic 2016/2017 year at Harvard University. This is a great achievement for a Queen’s University resident.

2015 Mood and Anxiety Disorders Conference

The 15th annual Mood and Anxiety Disorders conference was held on November 7, 2015 at the Donald Gordon Centre. It was well attended by over 130 psychiatrists, general practitioners and other mental health professionals.
Resident and Faculty Awards

Resident Awards

• Best Presentation by a Resident
  Dr. Nazanin Alavi

• Resident Teaching Award
  Dr. Nishardi Wijeratne and Dr. Rupy Johal

• Outstanding Contribution to the Residency Training Program
  Dr. Nazanin Alavi and Dr. Selim Asmer

• Resident Research Award
  Dr. Nazanin Alavi and Dr. Davit Khachatryan

• Child Psychiatry Research Award
  Dr. Nazanin Alavi

• Best Poster Award
  Dr. Davit Khachatryan

Faculty Awards

• Faculty Excellence in Research
  Dr. Robert Hopkins

• Jim Owen Faculty Teaching Award
  Dr. Moustafa Eid

• Exemplary Service to the Department
  Dr. Eric Prost

• Excellence in Clinical Service
  Dr. Casi Cabrera

• Excellence in Undergraduate Teaching
  Dr. Casi Cabrera

• Excellence in a Mentorship Role
  Dr. Simon O’Brien

Synergy

The Department continues to publish Synergy twice yearly. This year, all the authors writing in our Spring/Summer edition were, for the first time, members of the Psychiatry Department here at Queen’s University. Dr. Kenny’s essay (the first in a trilogy) was chosen by Queen’s Quarterly for publication, although that important national journal only occasionally reprints previously published pieces.

We continue to solicit and publish vigorous prose that reflects the true nature of psychiatry and psychology – areas of study and enjoyment that span the human experience.
ADULT
mental health

Overview

To provide specialized assessment, treatment and rehabilitation to adults with schizophrenia, mood disorders, personality disorders and dual diagnosis.

The management structure at Mental Health Services has changed. Darcy Woods-Fournier is now the Senior Director, Hospital Mental Health with responsibility for all inpatient beds at Providence Care. Karin Carmichael is now the Senior Director, Community Programs with responsibility for all outpatient programs.

Inpatient Services

At Providence Care, we currently have three inpatient units providing care to 60 clients. Two units focus on recovery, wellness and resilience, engaging the clients in intensive treatment, symptom management, improving functioning and living skills while engaging with supports to enable their return to the community. The third unit focuses on enabling recovery by providing positive behavioural techniques, skills acquisition and adapting the environment to enable success. In 2015, our occupancy rate was 97% with 21,373 patient days.

Some of our legacy clients have successfully transitioned to the community with supportive housing or long-term care. We will continue to work with clients to determine appropriate care plans and resources necessary to allow them to live in the community.

Actively working towards and planning for the move in June 2017 to two 30-bed units.

Krystal Mack is the Program Manager for all three inpatient units on Adult Mental Health.

Outpatient Services

With the departure of Yola Oczkowski, Terry Landry is the new Regional Director – Specialty Mental Health Services. His portfolio includes:

- CIP Case Management currently has 60 clients
- PSR Case Management currently have 65 clients
- CIP and PSR Case Management has a combined wait list of 5

2 Collaborative Mental Health Services Outreach (CMHS)

- There are currently 241 clients receiving care at various rural communities through CMHS

3 Community Connections

- 52 clients participate in the Community Connections program which offers a supportive environment where clients can learn skills and coping strategies necessary for successful community living

4 Community Integration Program ACTT (CIP ACTT)

- CIP ACTT currently has 77 clients, 3 clients on wait list

5 Community High Intensity Treatment (CHITT)

- 105 clients on CHITT, currently no wait list
- Step down is needed for CHITT

6 Community Treatment Order (Belleville, Brockville and Kingston)

- There are currently 111 clients registered with a CTO

7 Dual Diagnosis Consultation Outreach Team (Belleville, Brockville and Kingston)

- There are 267 clients who have received support from DDCOT

8 ECT/TMS

- In 2015, there were 1,394 ECT treatments given at Mental Health Services and 20 at KGH
- In April 2015, the TMS protocol changed from Repetitive Transcranial Magnetic Stimulation (rTMS) to a new protocol – Intermittent Theta Burst Stimulation (iTBS). There were a total of 1,604 TMS treatments completed in 2015
9 Homes for Special Care (HSC)
- Homes for Special Care has 42 beds allocated, but currently there are only 25 beds available in the Kingston area – they are at full capacity

10 Mood Disorders Research and Treatment Services
- Currently 797 clients are being followed by Mood Disorders
- With the departure of two Clinical Fellows as well as Dr. Ruzickova’s impending departure, wait times are expected to temporarily increase
- Dr. Kolar will have a Fellow start working with him in March

11 Mood Disorders Outreach – Belleville
- 36 on wait list to Dr. Weaver for Mood Disorders in Belleville

12 Mood Disorders Outreach – Lennox and Addington
- 11 on wait list to see Dr. Jokic for Mood Disorders in Napanee

13 Personality Disorders Service
- Chrysalis Day Program – no wait list, next group starts in May 2016
- Managing Powerful Emotions – 32 on the wait list, next session begins in May 2016. Online Managing Powerful Emotions (eMPE) is also in development
- People Skills – new community groups will be starting in April 2016
- Mindfulness Group – 14 on the wait list, next session begins May 2016
- People Skills Group – 14 on the wait list, next session begins May 2016
- Psychiatric Assessments – 12 people currently being processed

14 Psychiatric Rehabilitation Services (PSR ACTT)
- 90 clients currently, 5 clients on wait list

15 Telemedicine Metis
- 82 people have received care through Telemedicine Metis

Developments

Events
In cooperation with the Department of Psychiatry, a day long presentation “A Day with the Consent and Capacity Board” was given by Mr. Michael Newman and Dr. Gerry Shugar on September 9, 2015 with 47 people in attendance.

A two-day webcast featuring Dr. Anthony Bateman presenting on Applications of Mentalization-Based Treatment to Special Populations was held October 8-9, 2015 with 33 people in attendance.

In November 2015, Dr. P. Leichner and Dr. M. Rivera facilitated a client art exhibit “There is a Crack in everything, that is how the Light Gets In” in downtown Kingston which was very well received.

Staffing
Dr. Martina Ruzickova will be leaving the Mood Disorders Outpatient Services in March 2016.

Dr. Nada AlQattan and Dr. Enass Althagafi completed their fellowships with the Mood Disorders Services in 2015

Amalgamation
On April 1, 2015, Addiction and Mental Health Services – Kingston, Frontenac, Lennox and Addington (AMHS-KFLA) was formed following the amalgamation of Frontenac Community Mental Health and Addiction Services (FCMHAS) and Lennox and Addington Addiction and Community Mental Health Services (LAACMHS). These two organizations have over 60 years of experience and provide services to over 4,000 people in Kingston, Napanee, Amherstview, Northbrook, Sharbot Lake, Tamworth and Verona. They provide a client-centred model of care, in the areas of intensive case management, addiction services, housing, vocational services, court support, counselling, supporting independent living, family support and assertive community team follow-up.
Adult Psychiatry

Overview

The Adult Division (acute) provides acute adult psychiatric services for Kingston and the Southeastern Ontario region. The purpose of the division is to provide excellence in acute clinical psychiatric services, medical education and academic development grounded in a collaborative care model.

The acute care services of the Adult Division of Psychiatry is perhaps the hub of mental health and addiction services for Kingston and the surrounding region, interacting and liaising closely with all other components of the mental health and addiction services. In 2015, the acute care services of the Adult Division were comprised of 5 main programs: emergency and crisis psychiatry, acute inpatient services, consultation/liaison psychiatry, intensive transitional treatment program, and active outpatient services.

a Emergency and Crisis Psychiatry

Four staff psychiatrists each cover KGH ED and HDH urgent care centre one to two days a week. After hours and weekend coverage is on a rota for psychiatrists and medical learners. Emergency psychiatrists also work in other parts of the acute mental health and addiction services including community crisis and transitional case management teams, inpatient ward, outpatient program, ITTP. This helps facilitate transitions for patients and allows for flow and partnership.

Two Mental Health social workers and two addiction and mental health crisis workers work closely with emergency psychiatry to create an interprofessional team with community partnership. An active teaching rotation in emergency psychiatry is available to junior and senior psychiatry residents, emergency medicine and family medicine residents and clinical clerks. Emergency psychiatry teaching rounds take place on a monthly basis. The RAPAS (Rapid Access to Psychiatric Assessment Services) is run by the SW and crisis worker team to facilitate rapid access to hospital and community based mental health and psychiatric services. RAPAS links very closely with ITTP and the Transitional Case Management Team at AMHS-KFLA.

Case conferences are organized and care plans developed for identified frequent users of hospital inpatient and emergency psychiatric services. A 24-hour call back program for patients seen in psychiatric emergency at KGH then discharged is being implemented.

b Inpatient Psychiatry

Burr 4 inpatient ward at KGH is comprised of a 7-bed intense observation area, 2 short stay beds, and a 28-bed ward with 2 over capacity beds for a total of 37 beds, or at over capacity, 39 beds. The ward is staffed by a multi-disciplinary team including 6 psychiatrists with access to consultation by geriatric psychiatry and developmental disabilities. Many learners complete rotations on Burr 4. There has been more implementation of groups on the ward, and active development of the PGY-2 core rotation to include teaching rounds and group experience. Senior residents have completed rotations on the ward as junior colleagues. There is active liaison with community mental health services, including participation of AMHS-KFLA workers in multidisciplinary rounds. Many patients are now discharged through the ITTP and onto community services.

We have recruited a family physician to the ward who is invaluable in dealing with medical co-morbidities of Burr 4 patients.
c Outpatient Psychiatry

Acute outpatient services is a very active, busy program that receives about 200 intake referrals per month. The outpatient services are comprised of 3 programs: general psychiatry, adult eating disorders program, and Head’s Up, Early Intervention in Psychosis Program. The latter 2 are externally funded. General Psychiatry program includes a number of sub-specialty clinics: addiction psychiatry, mental health and the law, anxiety disorders, ADHD/bipolar disorder research clinic, reproductive psychiatry, shared care. Members of the multidisciplinary team run various therapy groups including a number of CBT-based and psychoeducation groups and relaxation training as well as DBT-based groups and concurrent disorders groups.

Members of the division provide shared care and local outreach to such agencies as: Street Health Centre, AMHS-KFLA, Queen’s Family Health Team, Maple Family Health Team, Moose Factory and the James Bay region. Again, many learners at all levels of education complete rotations in acute outpatient services. There has been further development of the PGY-2 core rotation experience to consistently include participation in group therapies.

d Consultation/Liaison Psychiatry

Consultation-Liaison Psychiatry is responsible for delivering psychiatric services to adult inpatients of the Kingston General Hospital and St. Mary’s of the Lake Hospital. The CL team facilitates monthly teaching rounds and monthly geriatric psychiatry teaching rounds.

The CL psychiatry rotation is a mandatory rotation for the senior psychiatry residents. The CL service also provides teaching rotations to family medicine residents and clerks.

In 2015, the adult division and the geriatric psychiatry division partnered to create a geriatric psychiatry position at KGH working very closely with the Consultation-Liaison psychiatrists by also providing support and consultation to other parts of the Mental Health Program at KGH especially inpatients and emergency psychiatry.

e Intensive Transitional Treatment Program (ITTP)

The ITTP is a new program in our Division that started operation in September 2014. It is fully externally funded by the SEO LHIN. The ITTP is an intensive short term program that helps patients transition from the inpatient ward back into the community, seamlessly bridging patients to outpatient and community mental health services. The ITTP also accepts patients from the emergency department, outpatients, community and family physicians. The ITTP service can provide an alternative to hospitalization and effectively prevents many hospital admissions and readmissions and facilitates earlier discharge for patients.

The ITTP is a daily 4 week program run by a multidisciplinary team. The program is group oriented with CBT, psychoeducation, and DBT based groups that provide support and development of skills. The program is very flexible and included psychiatric care and psychological assessment as needed. There is an elective rotation for senior psychiatry residents available in ITTP. Group experience for PGY-2 residents can be offered in ITTP.
Developments

A warm welcome to Dr. Nishardi Wijeratne, Dr. Maria Hussain and Dr. Nam Doan, the new psychiatrists who have joined our division this year.

We were sorry to see a number of psychiatrists leave our division this year: Dr. Behnia Haghiri, Dr. Kevin Varley, Dr. Moustafa Eid, Dr. Shaimaa Abo-El Ella, Dr. Khalid Saeed, and Dr. Essam Abdelmotaal. We wish them well in their future endeavours.

Admission and discharge criteria have been developed for the adult inpatient wards at KGH. This was an initiative from the LEAN process workshop.

The adult division of psychiatry partnered with the geriatric psychiatry division to create a geriatric psychiatry position at KGH supporting primarily the Consultation-Liaison team, but also the inpatient and emergency psychiatry services. This is going very well and has been beneficial for patient care, patient flow, collaboration and resident education.

The SEO Mental Health and Addiction Redesign continues to move forward and Dr. Finch continues to be actively involved. Divisional members also provide invaluable input to the process.

Education

All members of the Adult Division of Psychiatry (acute) are actively involved in teaching and education at an undergraduate, postgraduate and professional development level. Members of the division actively supervise learners, provide case-based teaching rounds, provide resident seminars, provide psychotherapy supervision, act as examiners for mock exams, etc. Divisional members are also involved in teaching medical students in seminars, problem-based learning, clinical skills and mentoring. Off service residents, particularly Family Medicine and Emergency Medicine residents also complete rotations in the adult division.

Clinical clerk medical students rotate regularly through many of the rotations of the adult division. There are usually 2 clerks placed on emergency psychiatry, 1 on CL Psychiatry, 2 on inpatients and 1-2 in outpatients, usually EIP. In total, we are usually supervising 6-7 clinical clerks in rotations at any given time. In addition we participate in “psychiatry boot camp” for clinical clerks and observerships. Divisional members are also actively involved in teaching clinical skills courses and problem-based learning sessions to medical students.

Divisional members are actively involved in CPD teaching as well. Members provide CPD for the department, university, community and region. Dr. Naeem and Dr. Munshi have organized a debate series on topics of interest in Psychiatry.

The Division of Adult Psychiatry (acute) is responsible for teaching and supervising a number of core resident rotations including PGY-2 core rotations in inpatients and outpatient psychiatry, Consultation-Liaison Psychiatry, Emergency Psychiatry, Addictions Psychiatry and Shared Care. In addition, a number of elective rotations are available within the division including Early Intervention in Psychosis, ITTP and Eating Disorders.

Dr. Leslie Flynn has developed and implemented a supportive psychotherapy teaching and supervision clinic for PGY-2 residents, which has been well received.

Dr. Neeraj Bajaj has taken on the role of co-director of undergraduate education for the Department of Psychiatry. Dr. Eric Prost is a member of the Residency Program Committee, and is responsible for curriculum development. Dr. Alina Marin is director of continuing medical education and faculty development for the department. Dr. Susan Finch is a member of the Royal College Examination Board for Psychiatry. Dr. Leslie Flynn is the Vice Dean for Health Sciences Education, Queen's University School of Medicine.
Dr. Leslie Flynn is also very actively involved in medical education scholarship at a University, National and International level. She has been involved in a number of medical education conferences as an invited participant, presenter and on organizing committees. Dr. Farooq Naeem is involved in development of CBT diploma courses and workshops internationally.

Research

Members of the division are involved in a number of research projects in a variety of areas of interest including medical education. There are collaborations with other divisions within the department as well as with other departments and with the Centre for Neuroscience and other universities. Dr. Pallavi Nadkarni is the Divisional Director of Research and she has been working this year to coordinate research efforts within the division. One of the major initiatives we have commenced on is to bring standardized questionnaires and tools into all our clinical encounters. This will help further enhance clinical care, but also provide an ongoing database and allow for outcome monitoring.

Awards

The ITTP received the KGH Team Leadership Award for 2015.

Administration/Leadership

For the Adult Division of Psychiatry, Dr. Finch is the Chair of the Division and Dr. Munshi is the inpatient director. Dr. Prost is outpatient director, Dr. Bajaj is ITTP director and Dr. Nadkarni is the research director.

Additionally, members of the Division are involved in administration and leadership positions at all levels including Departmental, School of Medicine, hospital, community, provincial, national and international.
Clinical

In the Mood and Anxiety clinic, an innovative group therapy has been piloted: Incorporating Mindful Self-Compassion Training (MSCT) into Cognitive-Behavioural Therapy (CBT) Groups for Adolescents with Anxiety Disorders.

In the Mood and Anxiety and Eating Disorders Clinic, an additional DBT informed adolescent group (Managing Powerful Emotions) was piloted in 2015 in collaboration with Providence Care and plans are going ahead for continuing this group.

Rexall Foundation provided $27,300 for an Ontario Telemedicine Network (OTN) suite for the Child and Adolescent Mental Health Urgent Consult Clinic (CAMHUCC). This suite is being prepared and is expected to be fully functional by the end of March 2016.

The Southeastern Ontario LHIN has provided additional funding ($150,000) for expansion of CAMHUCC to include children under the age of 12 years. They also provided $175,000 in funding for a centralized triage project for Mood and Anxiety disorders.

RBC provided $25,000 for expansion of the centralized triage project to include Neurodevelopmental Disorders.

A B’Nai Brith donation of $150,000 that was received in 2014, has been fully utilized to renovate parts of the Child and Adolescent outpatient mental health at HDH. There is a new reception, waiting room, observation rooms and new toilets with easy access. New signage has been affixed.

Education

Dr. Shelly Dhaliwal is our first subspecialty resident. She will be starting her training in December 2016.

There are two international Child and Adolescent psychiatry fellows in the Division. Both have initiated and collaborated in research. Results of their research is being presented at the Departmental Research Day.

The Division continues to provide education for Pediatric and Family Medicine residents in addition to core Psychiatry residents.

External and internal to Queen’s, clinical clerks and undergraduates have continued to choose our division for elective observerships.
Overview

Division members provide comprehensive clinical services across Southeastern Ontario through the Developmental Disabilities Consulting Program (DDCP), housed at Ongwanada, this inter-professional team offers multidisciplinary and discipline-specific “outreach” clinics beyond Kingston Frontenac Lennox and Addington to ensure that the small communities and rural areas across Southeastern Ontario (i.e. Hastings Prince Edward and Lanark Leeds Grenville) can also receive professional services as needed. Clinics are “collaborative and consultative” with care providers and thereby supportive of community advocacy with local practitioners and agencies across the region.

Interprofessional and Uniprofessional Outpatient Clinics (Child and Adult)

- Transitional Aged Youth Dual Diagnosis Clinic (SE region)
- Chronic Care Psychiatry Clinic
- Autism Assessment Clinics (SE region)
- Sensory Assessment Clinics (SE region)
- Forensic and ASD Psychology Clinic (Providence Care Dual Diagnosis Consultation Clinic, regional)
- Autism Clinic (Kerry’s Place Autism Services, Belleville)
- Adult Psychiatry Dual Diagnosis Clinic (Ongwanada, Kingston)
- Dual Diagnosis Treatment Home Psychiatry Clinic (Ongwanada, Kingston)
- Dual Diagnosis Clinic for children and adults (Developmental Services Leeds and Grenville, Brockville)

- Children’s Treatment Home (Rainbow Valley, Sharbot Lake)
- Forensic Dual Diagnosis Clinic (Pathways to Independence, Belleville)
- Challenging Behaviour Clinic (Community Living, Kingston)
- CAS Children’s DD Clinic (CAS Highland Shores, Belleville)
- Dual Diagnosis Clinic (Pathways to Independence, Belleville)
- Family Therapy Clinic (DDCP, Kingston)
- Psychiatry Clinic (Peterborough Regional Health Centre, Peterborough)

Developments

Funding Achievements

1. Adapted Dialectical Behaviour Therapy (DBT) group for Individuals with Intellectual Disabilities and Emotional Dysregulation Difficulties ($11,440.00) Department of Psychiatry, Queen’s University, Kingston.

2. Provincial Awareness of Developmental Disabilities in the Criminal Justice System: DS Expert Panel Project ($17,000) (Dr. J Jones co-investigator) Inter-ministerial Mental Health and Justice Committee.

Program Achievements

1. Recruited Dr. Nasar Sayeed Khan for psychiatry services.
2. Recruited Ashleigh Blinkhorn for Occupational Therapy services.
Education

Teaching Activities

In addition to departmental appointments, Division members have responsibilities in their discipline specific departments or school including undergraduate and postgraduate teaching. This arrangement allows for knowledge dissemination and cross-fertilization of ideas in the field of dual diagnosis and autism spectrum disorders. Students from different disciplines gain clinical experience with developmental disabilities and also benefit from working and learning within a collaborative, patient-centered healthcare team. The following teaching and educational initiatives were delivered in 2015.

Placement Opportunities for Queen’s University Students -2015

Graduate/Pre-Licensure Training

- School of Rehabilitation Therapy: Occupational Therapy MSc OT – Clinical – (6) Danielle Fee, Emma Haley, Meghan Robertson, Sarah Mille, Varsha Jayaraman, Julie Bartens
- School of Rehabilitation Therapy: Occupational Therapy MSc OT – Community Dev – (2) Adam Broad, Ashleigh Blinkhorn
- Dept. of Psychology Clinical Practicum Placements for PhD Candidates – (1) Lyla Hall and Joyce Li
- Post-Doctoral Clinical Psychology Internship Program (KIC) – (1) Kimberley Armstrong
- School of Medicine: Psychiatry Residents and Fellows – (2) Dr. Al-Habbad, Dr. Nam Doan
- Post-graduate international supervision by Dr Muhammad Ayub (3) Arsalan Hassan, Nauman Mazhar, Warda Qureshi
- Family Medicine: PGY3 DD Training (1) Dr. Samantha Sacks
- Psychological Supervision: Undergraduate (6) Erin Young, Greg Allen, Katie Bremner, Leah Powers, Nicole Storms, Sarah Prevost

Interprofessional Teaching Activities

In addition to clinical training, the DDCP faculty are also involved in modeling and promoting an interprofessional education and practice model. In these activities there is an active and overt effort to have "clinicians from different professions” teach “students from different professions” so that interprofessional collaboration can inherent in the learning process. Even when teaching activities are specifically directed to a single discipline of students, the course material is jointly delivered by DDCP team members so as to model interprofessional teaching and practice.

1 School of Medicine: Developmental Disabilities Clinical skills Program

This year seminars were conducted daily for 6 weeks for clinical skills. Drs. Jones, Ayub and Meg McQueen participated in the seminars

2 Monthly seminar in Dual Diagnosis was offered to practitioners in Dual Diagnosis

These monthly one hour seminars were offered to clinicians working within developmental disability sector

3 Dual Diagnosis Clinical Teaching Rounds for Healthcare Students

Weekly seminars were offered to placement graduate students from psychiatry, psychology, occupational therapy and family medicine to provide interprofessional education and cross-fertilization of professional curriculum and roles.

Community Teaching Activities

- Jones, J. Risk assessment and management for people with Intellectual Disabilities and offending behaviour (two full day workshops)
- Ayub, M. Intellectual Disability and Personality disorder (one day workshop)
Overview

Regional Forensic Services

Providence Care, Regional Forensic Services Program provides specialized assessment, treatment, rehabilitation, and follow-up to people with severe psychiatric illness who come into conflict with the law.

Vision Statement

Providence Care Forensic Services will provide innovative and quality client services based on available best practices and the Recovery Model of Care. Creativity will be used in order to maximize available resources for research to enhance services available to clients in an efficient manner. By networking with our community partners, we will manage risk, reduce recidivism and support our clients with their complex needs on their journey to recovery.

Core Service Directions

The success of rehabilitation depends on several factors that are subsumed under two fundamental processes; developing skills that will help the individual avoid difficulties, and providing opportunities to engage in meaningful and constructive activities as an alternative. All parties must have clear role expectations and input into these processes.

Working with clients and their families to promote full community reintegration within the framework of the Criminal Code of Canada, the Forensic Services Program:

• Provides a recovery oriented environment in which clients may develop vocational and lifestyle options that support self-determined goals, positive relationships with others, and full participation in the social life of the community
• Provides an environment in which best practices are followed to facilitate the acquisition of the skills necessary to support independent community living
• Provides an environment of respect in which clients and all staff are empowered to participate in these goals

Successful reintegration depends on engaging the client with coordinated support services in the community that may span several agencies.

Working with our partners in the health, social service and criminal justice systems, the Forensic Services Program:

• Provides educational opportunities to reduce stigma and both heighten the level of awareness, and the skill level, of those responding to clients with legal problems arising in the context of major mental illness
• Provides consultation in areas of specialized forensic expertise
• Provides models of shared care service provision for this clientele
• Advocates for system efficiencies and integration and for continuity of care

Promoting excellence in the provision of services to forensic clients requires ongoing program evaluation, continuous quality improvement, research and education.

Working within the environment of a teaching hospital, the Forensic Service Program:

• Provides training at the community college and university undergraduate and graduate level, across the full spectrum of disciplines involved in our work
• Fosters information exchange and collaboration with academic programs less directly linked to our work
• Engages in collaborative and investigator-initiated research
• Ensures best practices through ongoing program evaluation
Forensic Services Program, Providence Care-Mental Health Services, Program Description:

- 30 bed inpatient unit
- Ambulatory care program that provides after care and clinical case management for NCR clients and other clients such as past NCR clients or At Risk clients

The program is part of the Division of Forensic Psychiatry, Queen's University.

Program Components

**Forensic Rehabilitation**

Provides ongoing rehabilitation and treatment for clients who have achieved a level of stability in their mental illness

- Increase clients’ social, functional, and coping skills with the goal of reintegrating the client into the community

**Forensic Assessment**

5 assessment beds to determine:

- Fitness to stand trial-completed on site (and by video conference for the greater catchment area in the South East region)
- Criminal responsibility-NCR?
- If NCR monitor actuarial risk levels to determine probability of reoffending and provide treatment and stabilization for individuals in an acute phase of illness and individuals with extreme behavioural disturbances

**Outpatient Services**

- Specialized outpatient nurses provide services to forensic clients who have community access and to those who live in the community as registered outpatients

- Establish and maintain shared care agreements with community service providers for forensic clients living in the community

- All clients are under the jurisdiction of the Ontario Review Board

- At Risk Client-providing care to those at risk for re-hospitalization or incarceration who otherwise wouldn’t have psychiatric or specialized forensic follow up

**Transitional Case Management (component of the Outpatient Team)**

- 2 Transitional Case Managers
- 1 with Mental Health Services
- 1 with Addiction and Mental Health Services – Kingston Frontenac Lennox and Addington (AMHS-KFLA)

**At Risk Clients (component of the Outpatient Team)**

Forensic programs may be of assistance with the management of high-risk behaviours by offering consultation to programs/physicians attending to these clients.

Forensic Mental Health Services in-patient services may be provided to civilly committed individuals with high-risk behaviours.

**Diagnoses**

- Schizophrenia
- Personality Disorder
- Brain Injury
- Mood/Affect Disorders
- Mental Retardation/Dual Diagnosis
- Concurrent Disorders
- Co-morbidity rate is high

**Developments**

- Forensic Retreat Follow Up (ongoing)
- At Risk Program, increase in intakes
- Forensic Program Committee
- Dual Diagnosis Program
- Emergency Restraint Task Force
- Development of Grading Risk of Inpatient Threat (GRIT)
- Hired Clinical Nurse Specialist
- Transitional Rehabilitation Housing Program (TRHP)
• Providence Care/Security/OPSEU meetings
• Métis Nation Clinics
• Dr. Jan Looman, hired in July 2015
• Lindsay Yarrow, Program Manager, hired November 2015
• Mental Health Court working group
• Accreditation
• New hospital build and planning ongoing
• Safewards
• WRAP – Wellness Recovery Action Plan
• Client who had been AWOL since June 2012 was returned to Providence Care in February 2015

Present Issues
• Continued growth of the forensic population of 5% per year and potential implications
• Continued pressure from the courts for assessment beds and use of “forthwith” orders
• Process for scheduling ORB hearings places more responsibility on the hospital to comply with section 672.5 (5) Criminal Code of Canada, Notice of hearing
• Grading Risk of Inpatient Threat (GRIT) Development and training to be expanded to include Adult Mental Health
• Waiting to see the impacts of bill C-54 on our program
• Client admitted to ICU in January 2016

Education
• CARMS
• ASIST training
• NCVI
• Grading Risk of Inpatient Threat (GRIT)
• CBT Training
• Safewards
• e-PR
• Medical dragon

The major areas of education offered in the past year have been the SBAR communication tool, Metabolic Syndrome and Diabetes, Best Practice for IM injections, Tb and Mantoux training, Med Reconciliation, Dual Diagnosis videoconferences and training, Least Restraint training, reviews of Suicide Assessment Tool, Mental Status examination and tool to prepare for GRIT education, Community Treatment Orders, and the Enhancing Our Relationships course. Training was done with new equipment; the Bladder Scanner, the suction machine, and the BP tower, Pinel Restraints

Administration/Leadership
• Forensic Directors Group
• Human Services and Justice Coordinating Committees (Regional and Local)
• Métis Clinic
• APCO (Association of Physicians in Corrections Ontario)
• Senior Clinical Team, Providence Care – MHS
• Professional Advisory Committee
• Addictions in the Community Committee
• Telepsychiatry – Dr. Michael Chan
• Medical Staff Association
• Department of Psychiatry Retreat
• Ongoing negotiations with Corrections Canada to establish the first Canadian Chair in Forensics and Corrections
• Academic/Research development related to external clinical review
• Senior Clinical Operations and Practice Committee

Stats
Average Telepsychiatry assessments per year: 115 (2015)
Overview

Inpatient Service
Our program continues to provide regional inpatient services for older adults with dementia within our 30 bed inpatient service at Providence Care. Our inpatient program consistently operates at capacity throughout the year and has a very successful transitional program for individuals who are discharged to community or long-term care settings following stabilization. Clinical support to the inpatient Behavioral Support Transition Unit at Quinte Health Care is provided through consultations provided by members of our Division and admissions to the Geriatric Psychiatry inpatient unit and BSTU are coordinated to provide timely access to inpatient services for older adults in our region. Our Division has also been actively involved with hospital redevelopment plans for the new Providence Care hospital which will include 30 beds for geriatric psychiatry.

Outpatient Service
Our clinical services continue to include three community-based outreach teams (centred in Kingston, Napanee, and Belleville), our outpatient program at Providence Care, and supports for our three long-term care Mobile Response Teams and Psychogeriatric Resource Consultants (situated in Lennox-Leeds and Grenville, Kingston, and Belleville). We received a total of 1,587 new referrals to our community programs which is increased from previous years and reflecting the increased numbers of older adults with mental health needs in our region. Our Division is working on innovations in mental health care delivery both within our health region and beyond including development and enhancement of shared care models of care with both community and long-term care, telepsychiatry services, and enhanced collaboration with adult mental health for older adults with serious mental illness in long-term care settings. Discussions are currently in progress with colleagues in Geriatric Medicine and Neurology regarding development of a regional collaborative memory disorders program.

Education
Our division is continues to be very active in undergraduate, postgraduate, fellowship and continuing medical education and we have had a number of educational achievements in the past year.

Dr. Andrew continues to provide educational development support to the undergraduate medical education at Queen’s University. Drs. Hussain, Andrew and Kirkham along with Nancy Timan have also been involved with undergraduate teaching for nursing students at Queen’s university on the topic of the assessment and management of depression in older adults. We continue to support undergraduate research students in the Division through supervision of students in the EPI 499 honours project program. We have had several undergraduate medical students from Queen’s University and from other universities complete observorships in our Division under the supervision of Dr. Andrew.

Our Division was successful in its application for a Geriatric Psychiatry Residency Program this past year with Dr. Maria Hussain starting as our first program director in July, 2015. We will be accepting our first Geriatric Psychiatry resident in July, 2016 and are in the process of recruiting additional trainees to our program. Our Division currently has an international clinical fellow Dr. Sana Kazim from Dubai who started her 2 year fellowship program in September, 2015. Dr. Andrew continues to be involved postgraduate medical education at Queen’s University in her position of Director of Resident Affairs. Dr. Andrew also continues to provide significant contributions to postgraduate medical education at the national level through her position with the Royal College Geriatric Psychiatry Specialty Committee. Dr. Andrew will be leading our Geriatric Psychiatry residency program Competency Based Medical Education program redesign as part of Queen’s University transition to CBME models of training.
Dr. Julia Kirkham, who joined our program in July, 2014 from the University of Saskatchewan completed her clinical fellowship at the end of 2015 and is currently completing a one-year research fellowship within our Division which will end in December, 2016. Dr. Kirkham received a fellowship award from Technology Evaluation in the Elderly Network (TVN) to support her research training over the next year. We currently have one MSc Epidemiology student, Mr. Clive Velkers affiliated with our program. Clive's thesis will examine the risk of cognitive adverse events following surgery and anesthesia and Clive also received a fellowship award from TVN.

On the continuing medical education front our faculty has also been very active. Our Division hosted a successful Geriatrics CME event in February with our colleagues in geriatric and family medicine in Kingston this past February which was well attended and received by our community partners. Our faculty has participated in a number of other CME activities this past year outside of Queen’s. Over the past two years Dr. Seitz has been co-chair of the Canadian Academy of Geriatric Psychiatry Review Course and Online study course along with Dr. Mark Rapoport (University of Toronto) and Dr. Andrew Wiens (University of Ottawa). Dr. Seitz has also served as an editor on a Geriatric Psychiatry study guide which is being published by the University of Toronto press in the spring of 2016.

Research

Our Division continues to be very active in research. Our Division contributed to the publication of 9 peer-reviewed publications and over 15 presentations at national or international conferences during the past year. Members of our Division were also successful in obtaining research funding from the Canadian Institutes of Health Research for a systematic review of diagnostic testing accuracy of depression rating scales in dementia (Seitz, Kirkham, Le Clair) and from the SEAMO Innovation Fund (Seitz, Hussain) to examine the risk of dementia following surgery and anesthesia. Dr. Seitz became the Queen’s University site lead for the Ontario Brain Institute – Ontario Neurodegenerative Disease Research Initiative study.

Administration/Leadership

Members of our Division participate in several local and national organizations. Our division members participate in our Department’s Residency Program Committee, Quality Improvement Committee, Fellowship Committee, Research Committee, Competency Based Education Committee and Finance Committee. Dr. Andrew is also a member of the Care of Elderly residency program with geriatric medicine. Dr. Seitz is currently vice-president of the Canadian Academy of Geriatric Psychiatry and is co-chair for the Update in Geriatric Psychiatry and Geriatric Psychiatry Online Course.
Dr. Roumen Milev, Department Head
Dr. Susan Finch, Deputy Head, Clinical, Adult Psychiatry
Dr. Simon O’Brien, Deputy Head, Providence Care, Mental Health Services
Dr. Nasreen Roberts, Deputy Head, Clinical, Child and Adolescent Psychiatry
Ms. Marianne McGuire, Executive Assistant/Departmental Administrator
Ms. Jody Burns, Financial Administrator
Ms. Courtney King, Secretary, MHS Department of Psychiatry
Ms. Gisele Berube, Secretary, MHS Department of Psychiatry

Dr. Dianne Groll, Director, Research
Dr. Pallavi Nadkarni, Director, Adult Research
Dr. Dallas Seitz, Director, Geriatric Research
Dr. Felicia Iftene, Director, Schizophrenia Research
Ms. Krista Robertson, Academic Research Assistant

Education
Dr. Ruzica Jokic, Director of Postgraduate Education (Psychiatry)
Dr. Renee Fitzpatrick, Director of Undergraduate Education (Psychiatry)
Dr. Alina Marin, Director, CME and Faculty Development
Ms. Sharon Thompson, Educational Program Assistant

Chief Residents
Dr. Nazanin Alavi and Dr. Selim Asmer (July 1, 2014 – June 30, 2015)
Dr. Sarah Penfold and Dr. Megan Yang (July 1, 2015 – Present)

Divisional Chairs and Support Staff

Adult Psychiatry
Dr. Simon O’Brien (PC-MHS)
Ms. Carol Burtch
Dr. Susan Finch (HDH)
Ms. Mary Turner

Child and Adolescent Psychiatry
Dr. Sarosh Khalid-Khan
Ms. Mary Turner

Developmental Disabilities
Dr. Muhammad Ayub
Ms. Maureen Perrin

Forensic Psychiatry
Dr. Duncan Scott
(Acting Clinical Director)
Ms. Chantal Thompson

Geriatric Psychiatry
Dr. Dallas Seitz
Reappointments/Tenure (effective July 1, 2016)

- Dr. Ruzica Jokic: Tenure
- Dr. Tariq Hassan: Reappointment for 5 years
- Dr. Martin Feakins: Reappointment for 5 years
- Dr. Muhammad Ayub: Reappointment for 5 years
- Dr. Yuhuan Xie: Reappointment for 5 years
- Dr. Nadeem Mazhar: Reappointment for 5 years
- Dr. Farooq Naeem: Reappointment for 5 years
- Dr. Dallas Seitz: Reappointment for 7 years
- Dr. Renee Fitzpatrick: Reappointment for 7 years
- Dr. Casi Cabrera: Reappointment for 7 years

Promotions (effective July 1, 2016)

- Dr. Dallas Seitz: Associate Professor
- Dr. Muhammad Ayub: Professor
- Dr. Farooq Naeem: Professor

**Fast Facts**

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**Published**


Munshi T. Mental Health Resource Guide. Grant provided by Bristol Myers Squibb, Vol. 1, 47 (Complete book)


**Submitted**

McCreary B, McQueen M, Jones J. Caregiver’s Guide to Neurodevelopmental Disorders: The Role of Advocacy. Amazon Inc. (Complete Book)

Reddy S, Bajaj N, Nadkarni P. Occupational Stress. Comprehensive textbook on stress and mental disorders (Chapter)

**Invited Lectures/Conference Papers**

**Accepted**

Hassan T “Barriers to Mental Healthcare for Ill Physicians”, Canadian Psychiatric Association, Vancouver, British Columbia


Hassan T “Ontario Psychiatrists’ Attitudes to Becoming Mentally Ill” Canadian Psychiatric Association, Vancouver, British Columbia

Prost E “Bullying Increases Risk of Suicidal Behaviour” Accepted to APA 2016

**Submitted**


**Presented**

Andrew M “Medications and Memory: Friend or Foe? Risks and benefits of medications for older adults with dementia. Café Scientifique presentation based on CIHR grant”. Queen’s University, Trenton, Ontario

Andrew M “Essential Skills for the Geriatric Psychiatrist in the Era of Competency-Based Education (CBE)”, Canadian Academy of Geriatric Psychiatry Annual Scientific Meeting, Vancouver, British Columbia (invited conference paper)

Finch S “Management of PTSD in a Critical Care Setting: a case-based discussion” Kingston General Hospital Critical Care Conference, Kingston, Ontario

Finch S “Personality Disorders, PTSD and Addictions, Oh My!”, Queen’s University CPD, Kingston, Ontario

Finch S “Self, Selfishness and Selflessness”, Association for Baha’I Studies Annual Conference, Los Angeles, California (Invited Conference Paper)


Flynn L. Symposium “Curriculum Management Systems for Competency Based Programs” Canadian Conference on Medical Education Medical Informatics Group, Vancouver, British Columbia


Flynn L. “Supportive Psychotherapy – Perspectives on a Model of Supervision”, Department of Psychiatry Annual Research Day, Kingston, Ontario


Groll D. “Are we making the most of Clozapine”, European Congress of Psychiatry, Vienna, Austria


Groll D. “Prazosin for Treating Sleep Disturbances in Adults with PTSD: A Meta-Analysis of Randomized Controlled Trials”, 168th American Psychiatric Association Meeting, Toronto, Ontario

Groll D. “Psychiatrist as Communicator: Putting the ‘L’ back in CL Psychiatry”, 168th American Psychiatric Association Meeting, Toronto, Ontario

Groll D. “Psychiatrists Attitudes to Becoming Mentally Ill”, 168th American Psychiatric Association Meeting, Toronto, Ontario

Groll D. “Rapid Tranquillisation and Clinician Preferences: A Trans-Atlantic comparison”, 168th American Psychiatric Association Meeting, Toronto, Ontario


Groll D. “Yoga and Canadian Armed Forces Members’ Well Being: An Analysis Based on Select Physiological and Psychological Measures”, CIMVHR Forum, Quebec City, Quebec

Iftene F, Groll D. An Evaluation of the Functional Outcome of Clients with Severe Mental Disorders Living in Difference Community Settings, ALMH Vienna Congress, 12-17 July 2015

Iftene F, Groll D. Functional Outcome Measures of Severe Mental Disorders in Homes for Special Care – Final Results, CPA 65th Annual Conference, 30 Sept – 3 Oct 2015

Jones J “Autism Spectrum Disorders and Dual Diagnosis”, Swansea University College of Medicine, Swansea, Wales

Jones J “Canadian Autism Spectrum Disorder Landscape: Diagnostic and Treatment Services”, Swansea University College of Medicine, Swansea, Wales

Jones J “Consumer Engagement in Interprofessional Education in Intellectual Disabilities at Queen’s University”, Annual Ontario Association on Developmental Disabilities Research Conference, St. Ca Jones J, “Dual Diagnosis and Conflict with the Law”, MOHLTC Human Services and Justice LEAD Police Training, Ottawa, Ontario

Jones J “From Classroom to Community: Interprofessional Education in Intellectual Disabilities at Queen’s University”, Department of Psychiatry Research Conference, Kingston, Ontario
Jones-Hiscock C “Two Days of Child and Adolescent Mental Health: An Introduction for the Metis Nation of Ontario”, Queen's University Division of Child and Adolescent Psychiatry, Toronto, ON
Kolar D “Emerging Treatments in the Management of Patients with Mood and Anxiety Disorders: A practical and ethical consideration” International Congress of Law and Mental Health, Vienna
Kolar D “Suicidality in Patients with no history of major psychiatric disorders”, Canadian Psychiatric Association, Vancouver, British Columbia
Le Clair K “When the Rubber Hits the Road: Lived Experience Workshop”, Royal Ottawa and Alzheimer Society, Brockville, Ontario
Le Clair K “Visiting Professor, Seniors Mental Health Transformation for Better Health Care and Value”, Dalhousie University, Halifax, Nova Scotia
Le Clair K “Specialty Mental Health Services: Needs, Functions and Strategies: the PRISM Model”, Ontario Shores Centre for Mental Health, Whitby and Nunavut
Le Clair K “Capacity Assessment, CME Geriatric Day(Workshop)”, Queen's University, Kingston, Ontario
Mazhar N. Substance Abuse in Eating Disorders. International Congress on Law and Mental Health, Vienna, 2015
McNevin S “Office Management of Personality Disorders (Borderline)”. 15th Annual Mood and Anxiety Disorders Conference, Kingston, Ontario (Invited Conference Paper)
McNevin S “Personality Disorders in Long-Term Care”. Rideaucrest LTCH, Kingston, Ontario
McNevin S “Students with Psychiatric Diagnoses – Academic Impact of Psychiatric Medication and Appropriate Accommodation”. Inter-University Disability Issues Association (IDIA) Professional Development Day, Toronto, Ontario (Invited Conference Paper)
McNevin S “Suicide Assessment in Clients with Borderline Personality Disorder”. Queen's University – Joint Peer Supervision Student Wellness Services, Kingston, Ontario
McNevin S “The Difficult Resident in Long-Term Care”. Mobile Response Learning Exchange – BSS for Education, Kingston, Ontario
McNevin S “Wayward Youth and August Aichhorn”, Methods in Psychotherapy Small Group Learning Activity, Kingston, Ontario
Milev R “Advances and Controversies in Managing Inadequate Response in Depression (A CPA CPD Institute Program)”, 2014 Alberta Psychiatric Association Annual Scientific Conference, Banff, Alberta
Milev R “Advances and Controversies in Managing Inadequate Response in Depression (A CPA CPD Institute Program)”, 2014 Saskatchewan Psychiatric Association Annual Scientific Conference, Saskatoon, Saskatchewan

Milev R “CANMAT Task Force Recommendations on Managing Patients with Mood Disorders and Comorbid Substance Use Disorders”, XVI World Congress of the World Psychiatric Association, Madrid


Milev R “New Drug R&D Pipeline for unmet Disease: Evaluation of Drugs for Mood Disorders – The Role of Polysomnography”, International Drug Discovery Scientific Meeting, Suzhou

Milev R “Overcoming Stigma in Mental Health: Psychoeducational and Behavioural Modification Course”, World Psychiatric Association Regional Congress, Ljubljana

Milev R “Overcoming Stigma in Mental Health: Psychoeducational and Behavioural Modification Course”, World Psychiatry Association, Munich

Munshi T “CBT for Psychosis, adaptation for lower and middle income countries”, World Association of Cultural Psychiatry, Puerto Vallarta, Mexico


Munshi T. Symposium presentation on “Effectiveness of Cognitive Behavioural Therapy across Cultures”, World Psychiatric Association, Bucharest

Munshi T. Symposium presentation on “Managing Risk in the Community”, International Congress for Law and Mental Health, Vienna, Austria

Munshi T. Symposium presentation on “Trauma and psychosis”, World Psychiatric Association, Bucharest

Munshi T. Symposium presentation on “Community Psychiatric Services in Pakistan”, International Congress for Law and Mental Health, Vienna, Austria

Munshi T. “Behavioural perspective on Terrorism in Pakistan”, American Psychiatric Association, Toronto, Ontario

Munshi T. “Interface of crisis services with the hospital”, Crisis Workers Services of Ontario 31st Annual Conference, Kingston, Ontario

Munshi T. “Managing Aggression in an acute adult inpatient setting”, Queen’s University, Kingston, Ontario

Nadkarni P “Cognitive Remediation Therapy for Adult Eating Disorders: Patients Engagement and Satisfaction with a Novel Flexible Approach, Department of Psychiatry Research Day

Nadkarni P “Eating Disorders: Psychiatry meets Family Medicine (Panel discussion), IALMH, Vienna

Nadkarni P “Program Evaluation Data from the Adult Outpatient Eating Disorders Clinic of Hotel Dieu Hospital: Patient Satisfaction and Preliminary Patient Outcomes, Department of Psychiatry Research Day

Reddy PS “Symposium providing young people access to personalized primary mental health care through accessible technology: Sandbox Project – Phase 2” Annual Conference Canadian Association of Child and Adolescent Psychiatry, Quebec City, Quebec

Rivera M, Cultural Formulation Interview DSM IV, National Cultural Psychiatry – all psychiatry residency programs in Canada, Kingston, Ontario

Rivera M “Exploration of Recovery through Art. Exhibit of a series of artwork created by participants of the Chrysalis Program. Theme: There is a Crack in Everything/That’s how the light gets in”, Providence Care, Kingston, Ontario

Rivera M “Integrated Group Psychotherapy Program for Individuals Suffering from Personality Disorders”, International Society for the Study of Personality Disorders, Montreal, Quebec
Rivera M “Online DBT for the Treatment of Borderline Personality Disorder”, Canadian Psychiatric Association, Vancouver, British Columbia

Rivera M “Online DBT for the Treatment of Borderline Personality Disorder”, International Society for the Study of Personality Disorders, Montreal, Quebec

Rivera M “Online Treatment for Individuals Suffering from Borderline Personality Disorder”, Queen's University, Kingston, Ontario

Seitz D “Advances in the Management of Behavioural Symptoms of Dementia: from evidence to practice” Psychiatric Assessment Services for the elderly Annual Forum, Peterborough, Ontario

Seitz D “Advances in the Management of Neuropsychiatric Symptoms of Dementia”, Canadian Geriatrics Society Annual Scientific meeting, Montreal, Quebec

Seitz D “Bad Breaks: Mental Health Conditions and Hip Fractures in Older Adults”, American Association for Geriatric Psychiatry Annual Meeting, New Orleans, Louisiana

Seitz D “Behavioural Supports Transitional Units”, Canadian Psychiatric Association Annual Meeting, Vancouver, British Columbia

Seitz D “Behavioural Supports Transitional Units”, Canadian Academy of Geriatric Psychiatry, Vancouver, British Columbia

Seitz D “Evaluating the Effects of Dementia on Outcomes of Older Adults with Hip Fractures using Administrative Data”, Cognitive Vitality Rounds, Parkwood Institute, London Health Sciences Centre, Ontario

Seitz D “Neuropsychiatric Symptoms of Dementia and their Management”, Western University Geriatrics Symposium, London, Ontario

Seitz D “Prevalence of Psychotropic Medication use among Older Adults with Dementia”, American Association for Geriatric Psychiatry Annual Meeting, New Orleans, Louisiana


Seitz D “Problem Solving Therapy”, Collingwood Community Mental Health Program, Collingwood, Ontario

Seitz D “Problem Solving Therapy for Older Adults with Depression”, Canadian Academy of Geriatric Psychiatry, Vancouver, British Columbia

Seitz D “Problems are a Part of Life: Problem Solving Therapy for Older Adults with Depression”, Western University Geriatric Symposium, London, Ontario

Seitz D “The Assessment and Management of Behaviours in Dementia”, Collingwood Community and Marine Hospital, Collingwood, Ontario

Seitz D “The Primary Care of Dementia Assessment and Treatment Algorithm”, The 8th Annual Rural and Remote Dementia Summit, Saskatoon, Saskatchewan

Seitz D “Volunteers Adding Life in Dementia: A nonpharmacological approach to managing behavioural symptoms of dementia in long-term care”, Canadian Academy of Geriatric Psychiatry

Xie Y “Attachment, Emotional Neglect and Violence in Young Children – A Case Presentation”, International Congress on Law and Mental Health, Vienna

Xie Y “Ethics in Practice: The Importance of Informed Consent” ADAA (Anxiety and Depression in Association of America), Miami, Florida
publications

Published


Ayub M, Saeed K, Munshi TA, Naeem F. Clozapine for psychotic disorders in adults with intellectual disabilities, The Cochrane Database of Systematic Reviews, Vol 9, CD010625


Bricks C, Nadkarni P. Mystery of the Yawn-Escitalopram, Priory Open Access Journals


Farooq S, Johal R, Naeem F. Different communication strategies for disclosing a diagnosis of schizophrenia and related disorders. Cochrane Database of Systematic Reviews (epub)

Farooq S, Rehman M, Naeem F. Pharmacological interventions for acute and transient psychotic disorder (ATPD), The Cochrane Library (epub)


PUBLICATIONS


Kirkham J, Seitz D. New use of antipsychotics associated with small increased risk of acute kidney injury in older adults with mental disorders, Evid Based Ment Health


Law M, Rapoport MJ, Seitz DP, Davidson M, Madan R, Wiens A. Evaluation of a National Online Educational Program in Geriatric Psychiatry, Acad Psychiatry (e-pub)


McCreary B, Ayub M. Psychopharmacology and intellectual disabilities: towards personalized medicine, Clinical Psychiatry (e-pub)

McCreary B, Ayub M. Psychopharmacology and intellectual disabilities: towards personalized medicine, Clinical Psychiatry (e-pub)


Munshi T, Naeem F, McKenna C, Johal R. A Pilot Trial of a flexibly delivered cognitive behavioural therapy guided self-help for crisis resolution and transitional case management clients (CRTCMM), Canadian Psychiatric Association Annual Conference (peer reviewed abstract)


Nadkarni P, Lau F, Nadkarni S, Groll D. Rapid Tranquillisation: Is there a Clinical Consensus? (e-pub), EC Neurology

Naeem F, Farooq S, Kingdon D. Cognitive behavioural therapy (brief versus standard duration) for schizophrenia. The Cochrane Database of Systematic Reviews (epub)


Naeem F, Xiang S, Munshi T, Kingdon D, Farooq S. Self-help and guided self-help interventions for schizophrenia and related disorders, Cochrane Database of systematic reviews, Vol. 5, 00-000

Naeem F, Asmer M, Khoury B, Kingdon D, Farooq S. Acceptance and Commitment Therapy for schizophrenia and related disorders, Cochrane Database of Systematic Reviews, Vol. 5, 00-000


Patel A, Munshi T, Kigamba, Groll D. Prevalence of Metabolic Syndrome, a comparison between acute adult inpatients in Kingston, Canada and Nairobi, Kenya, American Psychiatric Association Annual Conference (peer-reviewed abstract)


Schmidts M, Hou Y, et al. TCTEXD2 mutations underlie Jeune asphyxiating thoracic dystrophy with impaired retrograde intraflagellar transport, Nature Communications (e-pub)


PUBLICATIONS


Vigod SN, Kurdyak PA, Seitz D, Herrmann N, Fung K, Lin E, Perlman C, Taylor VH, Rochon PA, Gruneir A. READMIT: A clinical risk index to predict 30-day readmission after discharge from acute psychiatric units, J Psychiatry Res., Vol. 61, 205-213


Accepted Publications


Publication in Press

Alavi N, Reshetukha T, Prost E, Antoniak K, Patel C, Sajid S, Groll D. Relationship between bullying and suicidal behaviour in youth presenting to the Emergency Department, Journal of Canadian Academy of Child and Adolescent Psychiatry


Marras C, Herrmann N, Fischer H, Fung K, Gruneir A, Rochon PA, Rej S, Vigod S, Seitz DP, Shulman K. Lithium use in older adults is associated with increased prescribing of Parkinson’s medications, Am J Geriatric Psychiatry


Submitted Publications

Alavi N, Reshetukha T, Prost E, Groll D. “Bullying Increases Risk of Suicidal Behaviours” Canadian Journal of Child and Adolescent Psychiatry
Hassan T, Doan N, Mazhar N, Bajaj N, Munshi T, Galbraith N, Groll D, Tran T. Attitudes of Canadian Psychiatry Students on Becoming Mentally Ill: Awareness, Barriers to Disclosure, and help-seeking preferences, Academic Psychiatry
Kolar D, Kolar MV. Critical Review of Available Treatment Options for Treatment Refractory Depression and Anxiety: Clinical and Ethical Dilemmas. Medical Review
Mazhar M, Lau F, Van Winssen C, Bajaj N, Hassan T, Munshi T, Groll D. A Retrospective Hospital Database Analysis on Substance-Related Emergency Department Visits in an Ontario University Affiliated Hospital Setting. Canadian Journal of Addiction
Munshi T, Chaudry I, Husain N, Khachatryan D. The relationship between childhood trauma and adult psychosis, Neuropsychiatric Disease and Treatment, Vol. 1
Munshi T, Mazhar N, Hassan T, Sikander S, Groll D, Galbraith N. Can electronic assessment in routine clinical practice be used to evaluate an assertive outreach service, JPMA
Parmar V, Senyslyn S, Meiklejohn E, Downs E, Groll D. Seasonal Variation in Psychiatric Admissions to the Emergency Department, The Canadian Journal of Addiction, Vol. 1
Penfold S, St. Denis E, Mazhar N. The Association between Borderline Personality Disorder, Fibromyalgia and Chronic Fatigue Syndrome – A Systematic Review. BJPsych Bulletin
Rivera M, Alavi N. Online Treatment for Individuals Suffering from Personality Disorders, Journal of Personality Disorders
Soncin S, Marin A, Brien D, Munoz D. Emotion Processing and Executive Control in ADHD and BD. Behavioural Neuroscience
Van Melle E, Gruppen L, Holboe E, Flynn L, Oandassan I, Frank J. Using Contribution Analysis to Evaluate Competency-Based Medical Education Programs: It’s all about rigo in thinking, Academic Medicine

Non-Peer Reviewed Publications

Published

research

Ongoing

Ayub M, Naeem F, Jones J, Lowe S, Rischke A, McQueen M, Minnes P. Development of Cognitive Behaviour Therapy (CBT) intervention manual for Depression and Anxiety in individuals with intellectual disabilities (2014), Department of Psychiatry, $5,650

Bowie C, Jokic R. Remote Cognitive Remediation for Acute Depression (2015), CIHR Grant

Cabrera-Abreu C. The Role of Vitamin D in Patients with Treatment Refractory Depression (2015), Research Initiation Grant, $30,000

Cramm H, Khalid-Khan S, Xie Y. Targeting the Mental health of Canadian Children Growing up in Military Families (2015), Health Research Foundation, $15,000

Douglas R, Groll D, Knight K. Grading the Risk of Inpatient Threat (GRIT): Initial Evaluation of an evidence-based imminent risk assessment initiative on a forensic inpatient mental health unit (2014-2016), Department of Psychiatry Internal Grant, $8,020

Fitzpatrick R, Jones C, Prost E, Jokic R. The use of standardized patients in years 2 and 4 of residency to teach assessment oral report and dictation skills (2015), Department of Psychiatry, $2,000

Flynn L, Stockley D, Daghone D, Walker R. Using the Concerns-based Adoption Model’s Stages of Concern to Understand the Experience of a Transition of Postgraduate Residency Programs to Competency-Based Medical Education (CBME) (2015), SEAMO Endowed Scholarship and Education Fund


Husain N, Naeem F. Multicentre RCT to evaluate the clinical and cost-effectiveness of a culturally adapted therapy (C-MAP) in patients with a history of self-harm (2015-2018), Medical Research Council (MRC), UK, $494,191

Husain N, Naeem F. Multicentre, randomized controlled trial of a group psychological intervention for postnatal depression in British mothers of South Asian origin – ROSHNI (2015-2020), NIHR, UK, HTA, $1,326,881

Iftene F. “From the Shadow”, an anti-stigma tool created by clients with severe mental disorders. Department of Psychiatry Internal Grant. $1,500

Iftene F. Functional Outcome Measures of Severe Mental Disorders in Group Homes. Department of Psychiatry Internal Grant. $1,500

Iftene F. Mental Disorders in Adults with Childhood Out-of-Home Placements. Department of Psychiatry Internal Grant. $15,000

Jokic R, Cabrera-Abreu C, Kolar D. Treatment Resistant depression and obstructive sleep apnea: Effect of treatment with continuous positive airway pressure (CPAP) on mood anxiety and quality of life (2009 – Present), External Funding, $12,000

Jokic R. Effect of Positive Airway Pressure Treatment on Mood, Anxiety and Cognitive Function in Treatment Resistant Depressed Subjects with Obstructive Sleep Apnea (2009 – Present), RESMED Foundation


Khalid-Khan S, Nesdole R, Reddy PS Developing triage services in Kingston for Child Psychiatry Mood Disorders clinic (2016), Local Government, $125,000

Khalid-Khan S, Reddy S Adolescent Schizophrenia Study: An Adaptive Phase II-B/III, Double-Blind, Randomized Placebo Controlled, multi-centre study of the safety and efficacy of Naben (Sodium Benzoate), a D-Amino Acid Oxidase Inhibitor, as an add-on treatment for schizophrenia (2014-2016), SyneRtx International (Taiwan) Corporation


Khalid-Khan S, Booij L, Kanellos M, Johal R Vitamin D Levels and Depressive Symptoms in Adolescents (2014-2015), Department of Psychiatry Internal Grant

Kolar D, Cabrera-Abreu C, Jokic R. The Validation of the Nepean Dysphoria Scale (2013 – Present), Queen's Research Grant, $1,500.00


Lam R, Milev R, Jokic R, Cabrera C, Kolar D Quality of Life, stigma and bipolar disorder: A collaboration for change (2010-2015), CIHR, $1,000

Liu X, Xie Y. POND (Province of Ontario Neurodevelopmental Disorders project) (2015), Ontario Brain Institute

Liu X, Khalid-Khan S, Booij L Genetics of Neuropsychiatric Disorders, including schizophrenia, mood disorders and eating disorders (2013 – ), Special Grant

Luctkar-Flude M, Groll D, Beckett L, Giroux J, Tyerman J Exploring the effect of neurofeedback on post cancer cognitive impairment and fatigue: A pilot feasibility study (2016-2018), Canadian CAM Research Fund and Queen's University School of Nursing, $7,500

Luctkar-Flude M, Groll D, Touw M The effect of neurofeedback on long-term symptoms and quality of life of post-treatment cancer survivors: An exploratory mixed methods study (2014-2016), Queen's University Faculty Association Fund, $5,000

Marin A, Munoz D. Eye Movements in Adult ADHD and Bipolar Disorder (2011 – Present), CIHR, $1,000


Milev R, Iftene F. ENVIVO Study: A Randomized, Double-Blind, Placebo-Controlled, Parallel, 26-Week, Phase 3 Study of 2 Doses of Alpha 7 Nicotinic Acetylcholine Receptor Agonist (EPV-6124) or Placebo as an Adjunctive Pro-Cognitive Treatment in Schizophrenia Subjects on Chronic Stable Atypical Antipsychotic Therapy. $42,588

Milev R, Iftene F. A Multicentre, 26-Week Extension Study to Evaluate the Safety and Clinical Effects of Prolonged Exposure to 1 and 2 mg Doses of EVP-6124 as an Alpha-7 Nicotinic Acetylcholine Receptor Agonist, as an Adjunctive, Pro-Cognitive Treatment in Schizophrenia Subjects. $19,124
Milev R, Iftene F. A 28-Week, Randomized, Open Label Study Evaluating the Effectiveness of Aripiprazole once-monthly versus paliperidone palmitate in adult patients with schizophrenia. Study Phase IIIb. $19,395

Milev R, Iftene F, Jokic R. A Prospective, Randomized, Double Blind, Placebo-Controlled, Phase 2 Study and Efficacy Study of Oral ELND005 as an Adjunctive Treatment in Patients with Bipolar I Disorder. $22,389

Milev R, Iftene F. Canadian Non-Interventional Prospective Cohort Study on the Real Life – Abilify Maintenna, $7,500

Milev R, Cabrera-Abreu C, Kolar D, Jokic R. Interventional, randomized, double-blind, parallel-group, placebo-controlled, flexible-dose long term study to evaluate the maintenance of efficacy and safety of 1 to 3 mg/day of brexpiprazole as adjunctive treatment in patients with major depressive disorder (2013 – Present), Lundbeck, $42,386

Milev R, Cabrera-Abreu C, Kolar D, Jokic R. Randomized, Double-Blind, Multicentre, Active-Controlled Study to Evaluate the Efficacy, Safety and Tolerability of Fixed Dosed of Intranasal Esketamine plus an Oral Antidepressant in Adult Subjects with Treatment-Resistant Depression (2015), Janssen

Milev R, Cabrera-Abreu C, Kolar D, Marin A. Sleep Architecture in Depressed Patients Treated with Desvenlafaxine (2013 – Present), Pfizer, $97,500

Milev R, Cabrera-Abreu C, Kolar D. Transcranial Magnetic Stimulation (tTMS) and Deep Brain Stimulation (DBS) across Ontario sites (existing and new) using the same standardized assessment platforms (2014 – Present), External Agency

Milev R, Marin A. The Canadian Biomarker Integration Network in Depression (CAN BIND): Pilot Study (2012 – Present), OBI

Milev R An investigation of Sleep Architecture in Ziprasidone-treated Bipolar Depression (2008-2015), Pfizer, $1,000


Millson R, Rustom N, Iftene F. Serum Vitamins C and D Levels in Clients with Schizophrenia: A Retrospective Analysis. Department of Psychiatry Internal Grant. $3,500


Munshi T, Parmar V, Dhaliwal S. Nicotine Dependence in Mental Health Patients: Is it being identified? (2013 –), Department of Psychiatry Internal Grant, $1,500


Nadkarni P, Dhaliwal S, Mazhar N, MacNeil B, Groll D. Eating Disorders: Journey from DSM IV to DSM 5 (2015), Department of Psychiatry, $2,500

Naeem F. A Pilot RCT to test the effectiveness of CBTp based guided self-help for schizophrenia (2015-2016), Department of Psychiatry, $18,700

Naeem F, Munshi T, Khalid-Khan S Cognitive Behaviour Therapy (CBT) based guided self-help for patients with psychosis (2015 –), Department of Psychiatry Internal Grant, $19,674
RESEARCH


Noel-Weiss J, Groll D Validating a health measurement scale to determine breastfeeding patterns (2013-2015), University of Ottawa Research Development Program, $10,000


Prost E, Alavi N, Reshetukha T. Dept of Psych Research Grant

Reddy PS, Nesdole R Prejudiced attitudes towards Aboriginals in healthcare: the psychometric properties of the old-fashioned and modern prejudiced attitudes towards Aboriginals Scale (2015), Department of Psychiatry, $2,000


Rivera M. Mental Disorders in Adults with Childhood out-of-home placements (2015), Department of Psychiatry, $20,000

Rivera M, Leichner P. There is a crack in everything/that's how the light gets in (2015), Department of Psychiatry, $2,000

Rivera M, Alavi N. Creating a website for the electronic delivery of DBT (2015), Department of Psychiatry, $20,000


Roberts N, Reddy PS, Nesdole R. Urgent Psychiatric Assessment and Brief Intervention of Adolescents with Mental Health problems: Pilot study of Service Provision through Telelink (2015), SEAMO, $50,000

Reddy PS, Nesdole R Tourette's Syndrome: A Prospective study (2016), Tourette’s Syndrome Association of America, $10,000


Seitz DP, Schroeder B, Gill SS, Herrman N, Lanctot K, Kirkham J, Le Clair K, Maxwell C, Quinn T, Rapoport R, Rochon PA, Takwoingi Y. A Systematic Review and Meta-Analysis of the Accuracy of Depression Rating Scales to Diagnose Depression in Older Adults with Alzheimer's Disease and Other Dementias (2015-2016), CIHR, $100,000


Seitz DP, Hussain M, Gill SS. Incidence and Risk Factors for Mental Health Disorders following Hospitalization (2015) Queen's University Department of Psychiatry, $20,000


Strong M, Seitz D. Ontario Neurodegenerative Disease Research Initiative (2015-2016), Ontario Brain Institute, $66,000

Warner J, O’Neil J, Luctkar-Flude M, Groll D Hotel Dieu Hospital Kingston RNAO Best Practice Spotlight Organization Implementation Project (2012-2016), RNAO, $120,000

Xie Y, Craig W, Liu X. Epigenetic Mechanism and Resilience in Victims of School Bullying: A pilot study (2014-2016), Department of Psychiatry, $3,000

Yatham L, Milev R, Cabrera-Abreu C, Jokic R, Marin A. Mood Stabilizer plus Antidepressant vs Mood Stabilizer plus Placebo in the Maintenance Treatment of Bipolar Disorder (2013 – Present), UBC/CIHR, $1,000
Submitted research


Calkin C, Ruzickova M. TRIO-BD (2016), Dalhousie University

Cramm H, Khalid-Khan S. Targeting the Mental Health of Canadian Children Growing up in Military Families (2014), Health Research Foundation


Dupuis D, McInney D, Ploeg J, Kaasalainen, Le Clair K. Assessing the Process of Culture Change in Dementia Care with Diverse Long-Term Care Settings – Year 5 (2010-2015), Community University Research Alliance (CURA) Grant SSHRC, $359,948


Jones J, Harden-Davidson J, McQueen M, Ayub M. Mental Health Classroom Collaboration for Children and Youth with a Dual Diagnosis or Intellectual Disability and Emerging Mental Health Issues including ASD and FASD (2015), Ministry of Education Section 23 Funding, $453,000

Khalid-Khan S, Gratzer D. Co-designing a mobile application with chronic disease patients: A patient driven and culturally sensitive randomized control trial that will connect information, patients and providers through transitions of care (2015), OSSU-IMPACT

Khalid-Khan S. Depression and Vitamin D effects of vitamin D supplementation on depression (2014), OMHF


Murphy K, Le Clair K. Establishing and Validating a Visual Arts based Mobile Health Solution to Promote Brain Health (2016-2019), TVN Grant Program

Roberts N, Khalid-Khan S, Booij L, Davidson J, McCart A. Preventing Aggressive Behaviour in Boys Exposed to Family Violence (2014), Canada Post Grant


Seitz DP, Burhan A, Lanctot K, Herrmann N. Actigraphy to Measure Agitation in Older Adults with Dementia (2016), Alzheimer Society of Canada Research Program, $150,000

Vincent J, Kennedy J, Ayub M. Identification of Proteomic Biomarkers for Bipolar Disorder (2016), University of Toronto Neuroscience Catalyst Fund, $50,000


Unfunded Research

Bajaj N Studying Outcomes in Patients Attending ITTP day Program (2015)


Delva N, Milev R CANECTS survey to update guidelines on the practice of ECT in Canada (2004-2016)


Feakins M. Spiritual Healing – The Effectiveness of Intercessionary Prayer in Mental Disorder (2013)


Fitzpatrick R, Jokic R. The Use of Standardized Patients in Years 2 and 4 of Residency (2015)

Ilkov-Moor S, Feakins M. Automated medication dispenser: “Keepsme@home” box (2011-2015)

Jones-Hiscock C. Intimate Partner Violence: Can one afternoon make a difference? (2014 – Present)


Khalid-Khan S, Khalid-Khan F, Gratzer D, Alavi N Email Based CBT in Adolescents with Mood and Anxiety Disorders (2013)

Marin A. Database Collection for Evaluation Research with Adult Patients with ADHD (2011-Present)


McNevin S. “What ever happened to….” A study of consult outcomes. 2015-16

McNevin S, Haghiri B. Using a Health Profession Trainees Health Program as a Forum for Interprofessional Health Education. 2011-15

McNevin S. Thirty Years and Counting: The Evolution of Psychiatric Services at a University Student Health Service. 2011-15

Milev R, Selchuk S (Turkey), Dancho D (Bulgaria) A multi-centre, double-blind, randomized, placebo controlled study evaluating the efficacy, safety and clinical outcomes of low-frequency repetitive Transmagnetic Stimulation (rTMS) vs. Sham treatment for 6 weeks in patients with OCD (2008-2015)

Milev R, Kolar D, Cabrera C High frequency rTMS in the treatment of Post-traumatic Stress Disorder (PTSD) (2010-2014)

Milev R, Dancho D A 12-week double-blind, randomized, placebo-controlled, multi-centred study evaluating efficacy and safety of high frequency repetitive TMS treatments in patients with GAD (2008-2014)


Munshi T, Parmar V, Dhaliwal S Depot Antipsychotics, is its usage making a difference to the outcome? (2013 -)


Munshi T, Feakins M, Baldock J, Mazhar N, Hassan T Prevalence of Metabolic Syndrome in the Assertive Community Team Patients (2013 -)


Nadkarni P, Munshi T, Varley K, Mufi A, Wijeratne R, Groll D, Cowperthwaite B Medical and non-medical factors affecting the length of stay after designation of ALC in a University based hospital (2014 -)


Patel A, Kigamba, Munshi T Prevalence of Metabolic Syndrome in an Acute Inpatient Unit, Comparison between Kingston (Canada) and Nairobi (Kenya) (2014 -)


POSTER presentations

Published


Asmer S, Hassan T, Groll D. Psychiatrists Attitudes to Becoming Mentally Ill, Canadian Psychiatric Association Meeting, 2015

Asmer S, Hassan T, Munshi T, Mazhar N. Barriers for Psychiatrists seeking mental health care, American Psychiatric Association

Asmer S, Hassan T, Munshi T, Mazhar N, Galbraith N. Canadian Psychiatrist Attitudes to becoming Mentally Ill, American Psychiatric Association.

Blais J, Procunier D, Khalid-Khan S. Parent training for managing childhood anxiety disorders. Canadian Academy of Child and Adolescent Psychiatry, Quebec City, Quebec

Calancie O, Khalid-Khan S, Parmar VJ, Khalid-Khan S. Do Tertiary Care Hospitals and Community SSRI Antipsychotic and Psycho-Stimulants Usage Patterns in Children and Adolescents Match the Evidence Base Guidelines. 62nd Annual Meeting of the American Academy of Child and Adolescent Psychiatry


Hassan T, Crespin M, Groll D. Developing a Questionnaire for the Metis Nation of Ontario. American Psychiatric Association


Iftene F, Groll D. A Journey to Recovery. Canadian Psychiatric Association

Jones J, McQueen M, Lowe S, Minnes P. From Classroom to Community: Interprofessional Education in Intellectual/Developmental Disabilities. Annual Department of Psychiatry Research Conference


Jopling E, Marchand P, Khalid-Khan S. Impact of a dialectical behaviour therapy group with a parent component on personality disorder traits in adolescents. 62nd Annual Meeting of the American Academy of Child and Adolescent Psychiatry

Jopling E, Marchand P, Khalid-Khan S. Impact of a dialectical behaviour therapy group with a parent component on personality disorder traits in adolescents. 14th Congress of International Society of Study of Personality Disorders, Montreal, Quebec

Khachatryan D, Groll D, Schuetz C, Nadkarni P. The Syndrome of irreversible lithium effectuated neurotoxicity, APA, 2015, Toronto

Khachatryan D, Groll D, Schuetz C, Nadkarni P. The Syndrome of irreversible lithium effectuated neurotoxicity, Department of Psychiatry Research Day

Khalid-Khan S, Sutton M, Sutton C, Johal R, Booij L. Relationship of Vitamin D in adolescents with depression, adolescents with fractures and normal controls. American psychiatric association, Toronto, Ontario

Kolar D. Psychodynamic Psychotherapy Supervision for Psychiatry Residents, APA 168th Annual Meeting

Laliberte V, Rapaport M, Rej S, Seitz D, Andrew M, Davidson M. How can we Recruit Future Geriatric Specialists? A Canada Wide Survey of Psychiatry Residents and Protocol of a Proposed Randomized Medical Education Trial, Canadian Geriatrics Society Annual Meeting


Marin A, Munoz D, Soncin S, Geraci J. Eye Movement Assessment in Adult Patients with Bipolar Disorder or Attention-Deficit Hyperactivity Disorder. A preliminary comparison. Canadian College of Neuropsychopharmacology, 38th Annual Meeting


Munshi T, Naeem F, McKenna C, Johal R. A Pilot Trial of a flexible delivered cognitive behavioural therapy guided self-help for crisis resolution and transitional case management clients (CRTCM), Canadian Psychiatric Association

Munshi T, Penfold S. Accuracy of Ontario Ministry of Health Forms (Form 1 and Form 42) completed on involuntary admitted patients on an Acute Adult Psychiatric Inpatient Unit, Canadian Psychiatric Association

Munshi T, Naeem F, McKenna C, Johal R. Guided self-help using Cognitive Behavioural Therapry for Psychosis (gCBT)p in community settings: a preliminary study, Canadian Psychiatric Association


Munshi T, Penfold S, Asmer S. Physical Examination in Mental Health: Implementation of a form to guid physical assessment, Canadian Psychiatric Association

Munshi T, Patel A, Mazhar N, Hassan T, Groll D. Prevalence of metabolic syndrome in an inpatient setting, Canadian Psychiatric Association

Munshi T, Naeem F, Johal R. Pilot RCT to test effectiveness of the ACE 4 behavioural activation game for Depression and Anxiety, Department of Psychiatry Research Conference

Munshi T, Naeem F, Johal R. RCT of RESOLVE (Relaxation Exercise, Solving Problems and Cognitive Errors): A waiting room intervention for crisis clients, Department of Psychiatry Research Conference

Munshi T, Volochnious D, Mazhar N, Hassan T. Clozapine induced myocarditis, is mandatory monitoring warranted for its early recognition, American Psychiatric Association


Nadkarni P, Lau F, Groll D. Rapid Tranquillisation and Clinician Preferences: a Trans-Atlantic comparison, APA, 2015, Toronto


Odejayi G, Flynn L. Supportive Psychotherapy: Perspectives on a Model of Supervision, Canadian Psychiatric Association Annual Conference

Patel A, Munshi T, Kigamba, Groll D. Prevalence of Metabolic syndrome, a comparison between acute adult inpatients in Kingston, Canada and Nairobi, Kenya. American Psychiatric Association

POSTER PRESENTATIONS

Reddy PS, Alhabbad A. Retrospective study of Tourette's Syndrome and tics in children and Adolescents Outpatient Services, Department of Psychiatry Research Conference, Kingston, Ontario

Rivera M, Alavi N. Dialectical Behaviour Therapy (DBT): There's an App for that!, 23rd European Congress of Psychiatry

Seitz DP. Problems are a Part of Life: Problem Solving Therapy for Older Adults with Depression, Centre for Studies in Aging and Health


In Press

Hassan T, Mazhar N, Munshi T, Groll D, Galbraith N. Barriers to Mental Healthcare for Ill Psychiatrists, American Psychiatric Association, 168th Annual Meeting

Hassan T, Asmer S, Mazhar N, Munshi T, Galbraith N. Canadian Physicians Attitudes to Becoming Mentally Ill, American Psychiatric Association, 168th Annual Meeting

Submitted

Katzel T, Craig W, Xie Y. Evaluating the risk and protective factors involved in psychiatric intervention for peer victimized youth, Undergraduate study Honour's student presentation at Queen's University

Mofidi N, Roberts N, Reddy PS. Prevalence of Anxiety Disorders among Patients Referred for Urgent Psychiatric Consultation, CAP 2016, Calgary, AB

Nadkarni P, Wang P, Reddy PS, Groll D. Fitness to Drive Guidelines: Knowledge and Reporting Patterns in Psychiatrists, Canadian Association of Psychiatry Conference, 2016

Reddy PS, Alhabbad A. Retrospective study of Tourette's Syndrome and tics in children and Adolescents Outpatient Services, CAP 2016, Calgary, AB


Zhu Y, Shi J, Katzel T, Liu X, Craig W, Xie Y. Impact of bullying on immune function and physical health in adolescents session, Medical Student Presentation, Queen's University

Accepted

Hassan T, Mazhar N, Doan N, Bajaj N, Munshi T, et al. Canadian Psychiatry Residents Attitudes to becoming Mentally Ill. Poster Submission for the 169th APA Annual Meeting

Abstracts

Published

Iftene F. Functional Outcome of Clients with Severe Mental Disorders Living in Different Community Settings. WPA, Bucharest, 24 June 2015. Volume of Abstracts

Iftene F. An Evaluation of the Functional Outcome of Clients with Severe Mental Disorders Living in Different Community Settings. IALMH Vienna Congress, 12-17 July, 2015. Volume of Abstracts

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<thead>
<tr>
<th>Kingston General Hospital</th>
<th>Hotel Dieu Hospital</th>
<th>Providence Care</th>
<th>Geriatric Psychiatry</th>
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<tr>
<td><strong>Adult (Acute)</strong></td>
<td><strong>Outpatients</strong></td>
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<td><strong>Inpatients – 30 beds</strong></td>
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<td>North Kingston Clinic</td>
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<td>Detox</td>
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</tbody>
</table>

*Intake Coordinators
Faculty

Ahmed, Adekunle
Andrew, Melissa
Arboleda-Flórez, Julio
Argue, Donald
Ayub, Muhammad
Baldock, Jane
Banic, Zlatko
Barsoum, Amir
Beckett, Linda
Beninger, Richard J
Berber, Mark
Blais, Julie
Blaney, Beverly
Boddam, David
Booij, Linda
Bowie, Christopher
Boyd, Michele
Bradford, John M.
Bradwejn, Jacques
Brien, James
Burge Philip G.
Burley, H. Joseph
Byrne, Gerard
Cabrera, Casimiro
Calleia, Sarah
Cappuccio, Paul
Carmichael, Karin L.
Chagigiorgiis, Helen
Chan, Michael
Cramm, Heidi
David, Michela
De Grace, Elizabeth J.
Delva, Nicholas
Douglas, Rebecca
Druick, Dwight
Dumont, Eric
du Toit, Regina
Eid, Moustafa
El Saidi, Mohammed
Elliott, Deborah
Fahy, Maeve
Feakins, Martin
Finch, Susan
Fitzpatrick, Renee
Flynn, Leslie
Furst, Katherine
Goff, Valerie
Goldstein, Stanley
Groll, Dianne
Habib, Mohammed
Habib, Rami
Haghir, Behnia
Hanna, Samia
Harkness, Kate L.
Hassan, Tariq
Hillen, James
Holden, Timothy J.
Hopkins, Robert W.
Horgan, Salinda
Iftene, Felicia
Ilkov-Moor, Susan
Ismail, Ghena
Jackson, R. Jeffrey
Jarrett, Francis
Jetty, Rakesh
Jindal, Ripu
Johnston, Mary
Jokic, Ruzica
Jones, Cherie
Jones, Jessica
Kasurak, Paul
Kenny, William
Kennedy, Louis J.
Khalid-Khan, Sarosh
Kilik, Lindy A.
Kimberley, Ron
Kolar, Dusan
Krupa, Terry
Lawson, J. Stuart
Le Clair, Ken
Leverette, John
Lewis, Suzanne
Linn, George
Liu, Xudong
Loa, Waqdy M.
MacFabe, Derrick
MacKenzie, Jennifer
MacLean, Alistair
MacNeil, Brad
MacPherson, Colin
Mai, Francois
Majeed, Arshad
Malone, Robert D.
Marin, Alina
Martin, Carol
Mauer, Terry
Mazhar, Nadeem
McAndrews, Mary
McCreary, Bruce
McNevin, Stephen
McQueen, Meg
Michalska, Bethmarie
Milev, Roumen
Minnes, Patricia
Millson, Richard
Mistry, Dalpatbhai
Muirhead, James
Munshi, Tariq
Nadkarni, Pallavi
Naeem, Farooq
Nashed, Youser H.
Ng, David
O’Brien, Simon
Ojiegbe, Chinyere
Oliver, Dijana
Oliver, R. Neil
Ouellette-Kuntz, Helene
Oyewumi, L. Kola
Parenteau, Pierre
Parmar, Varinderjit
Pearson, Heather J.
Persad, Emmanuel
Potopsingh, Desmond
Prabhu, Vijaya
Prost, Eric
Prowse, Allen
Qian Lee, Ivy HP
Racicovschi, Daria
Rischke, Alexis
Rivera, Margo
Roberts, Nasreen
Robinson, Michael
Rosenzweig, Eleanor
Rowe, Robert
Sagi, Eiyhoo
Sai, Obodai
Schabas, Patti
Scott, Duncan
Seitz, Dallas
Sethna, Rustom
Sidhu, Rajreet
Sims, Peter J.
Singh, Amarendra
Smith, Robert
Sorial Ihab
Southmayd, Steve E.
Stakheiko, Antonina
Stevenson, Cameron
Stuart, Heather
Teitelbaum, Louise
Tessier, Pierre
Ticoll, Brian
van Zyl, Louis T.
Varley, Kevin
Wallani, Zulfikarali
Waller, Katherine
Weaver, Gerald
Wijeratne, Nishardi
Woogh, Carolyn
Xie, Yuhuan
Yankova, Sylvia
Yates, Stephen K.
### Awards/Honours

**Bajaj N**
Kingston General Hospital Team Award for Leadership – Intensive Transitional Treatment Program

**Elliott D**
James Gordon Brown Prize for highest standing in Historical Studies Course  
J.F. Malcolm Award in Rural Ministry  
Liz Hoffman Memorial Commendation – Military Ombudsman

**Finch S**
KGH Team Leadership Award for the Intensive Transitional Treatment Program  
Recipient of the PARO Excellence in Clinical Teaching Award

**Hassan T**
Certification in Psychiatry from the Royal College of Physicians and Surgeons Canada

**Jokic R**
Nominated for PARO Teaching Award

**Jones-Hiscock C**
Nominated for Certificate of Merit Award, CAME

**Khalid-Khan S**
RBC Award of $25,000 for expansion of centralized triage  
SELHIN award for Centralized triage for mood and anxiety disorders in children and adolescents

**Mazhar N**
Awarded Fellowship of Royal College of Psychiatrists (FRCPsych), UK

**Munshi T**
Best Poster Award, Department of Psychiatry Research Conference  
“Relationship between Childhood Trauma and Adult Psychosis”

**Nadkarni P**
Nominated for Best Research Faculty Award

**Prost E**
Departmental Service Award

**Roberts N**
Departmental Award for School Bases Study of Aggression Prevention  
Awarded $27,300 by Kingston Community Foundation for Telelink Suite for Child and Adolescent Mental Health Urgent Consult Clinic