Dr. Roumen Milev

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Dr. Milev graduated medicine in Sofia, Bulgaria in 1983, obtained Specialty of Psychiatry in Bulgaria, MRCPsych in England and FRCPC in Canada. Dr. Milev defended his PhD in Forensic Psychiatry. In 1995 he moved to Regina, Canada where he became Medical Director of the Mental Health Clinic. In 2001 he was appointed Clinical Director of the Mood Disorder Research and Treatment Service in Kingston. From 2007 – 2017 he was the Head of Department of Psychiatry at Queen's University. He was held in high esteem by members of the Department in this role, and left an impressive legacy of a strong and cohesive faculty with a high degree of commitment to clinical excellence, research and teaching. In October 2017 he became the director for the Centre of Neuroscience Studies at Queen's University.

He is actively involved in research with patients with Depression, Bipolar Disorder, Anxiety Disorders, and other Affective Disorders. Main areas of his research include issues of Stigma and ways of dealing with it, Sleep architecture, psychopharmacological and rTMS treatments.

Dr. Milev has many publications and significant teaching experience. He lead workshops and panel discussions at conferences and has presented numerous lectures to Psychiatrists, Family Physicians and other health professionals.   Dr. Milev is involved actively in both undergraduate and postgraduate teaching, including supervision of masters and PhD students. He has been involved with CANMAT guidelines for management of patients with Bipolar Disorders, and with Depression. He has won several prizes and awards.