



Queen's University  
Department of Psychiatry  
**GRAND ROUNDS**

Friday, June 4, 2021

**VIA ZOOM (link to follow)**

12:00–1:00 pm **Arthi Chinna Meyyappan, MSc**  
**Evan Forth, BScH**  
**Cassandra Sgarbossa, BAH**  
Centre for Neuroscience Studies at  
Queen's University  
*Supervisor: Dr. R. Milev*

**“Gut Feelings:  
Microbiome and  
Psychiatry”**

Queen's Psychiatry Grand Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada

**Upcoming Rounds: June 11 VIA ZOOM**

## LEARNING OBJECTIVES

Arthi Chinna Meyyappan, Evan Forth, Cassandra Sgarbossa: **“Gut Feelings: Microbiome and Psychiatry”**

### Objectives:

1. To understand how the gut can influence our psychiatric wellbeing via the gut-brain axis.
2. To understand the potential role of psychobiotics in treating symptoms of psychiatric illness.
3. To understand limitations of the current microbiome research and the future steps needed.

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