

Acknowledgement of Support

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**Please complete the registration form
on the reverse and
fax to (613) 544-5580
OR mail to:**

**Providence Care Hospital
752 King Street West
Kingston, ON K7L 4X3
Attention: Marianne McGuire**

Faculty

Oydeji Ayonrinde, MBBS, MSc, DHMSA, FRCPsych, DIC, MBA
Associate Professor, Department of Psychiatry, Queen's University

Pierre Blier, MD, PhD, FRSC
Professor, Department of Psychiatry & Cellular/Molecular Medicine
Research Chair in Mood Disorder Research, University of Ottawa

Todd Buchanan, BA, SSW
Advanced Level Wellness Recovery Action Planning Facilitator
Trauma Informed Practices Trainer
Operations Manager Peer Support South East Ontario
Professor Loyalist College, Social Service Worker Program

Ruzica Jokic, MD, FRCPC
Associate Professor & Deputy Head,
Department of Psychiatry, Queen's University

Gary Ledbetter, BFA (Film)
Director, Writer & Co-Producer, of Internationally award winning films
"Henry and Verlin", "Meds", "Good Days, Bad Days", "Stop Pointing",
"The Mind Canvas", "Living It Forward" and "Recovery"

Krista Ledbetter, BAA (Film)
Co-Producer, Director of award winning film "Meds", "Good Days, Bad
Days", "Stop Pointing", "The Mind Canvas", "Living It Forward" and
"Recovery"

Roumen Milev, MD, PhD, FRCPsych, FRCPC
Professor of Psychiatry and Psychology,
Director, Centre of Neuroscience, Queen's University

Lokesh Nukalapati, MBBS, DPM, MRCPsych
Assistant Professor, Department of Psychiatry, Queen's University

Sanjeev Sharma, MBBS, DPM, MRCPsych, MSc
Assistant Professor, Department of Psychiatry, Queen's University

Claudio Soares, MD, PhD, FRCPC, MBA
Professor & Head, Department of Psychiatry, Queen's University

Matt Tobin, MD, FRCPC
Geriatric Psychiatry Subspecialty Resident, Department of Psychiatry,
Queen's University

CALL FOR ABSTRACTS

Research Posters will be displayed
during the lunch break.

Please fax, e-mail or mail your abstracts
to the address on the registration form.

Directions to Donald Gordon Conference Centre

Take Sir John A. MacDonald Blvd exit # 615
Off Hwy # 401. Continue South on
Sir John A. MacDonald Blvd until you reach
Union Street. Turn left onto Union Street. The
Donald Gordon Conference Centre is located on
the left at **421 Union Street, Kingston.**
613-533-2221 — www.donaldgordoncentre.com



Planning Committee

CHAIR

Roumen Milev, Psychiatrist
Professor of Psychiatry and Psychology
Director, Centre for Neuroscience Studies,
Queen's University

Luigi Battel, Family Physician
Practice in Kingston, Ontario

Casimiro Cabrera-Abreu, Psychiatrist
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Associate Professor,
Department of Psychiatry, Queen's University

Gustavo Vazquez, Psychiatrist
Professor, Department of Psychiatry, Queen's University

Conflict of Interest Disclosure

Faculty of Health Sciences policy requires speakers who may have a conflict of interest (i.e. pharmaceutical funding, etc.) to disclose such to the Faculty and to the audience.

18TH ANNUAL CONFERENCE MOOD & ANXIETY DISORDERS

A COMPREHENSIVE UPDATE OF
MANAGEMENT & THERAPEUTICS

**Saturday
November 3rd, 2018**

**Donald Gordon Conference
Centre, Kingston, ON**

Presented by
Mood Disorders Outpatient
& Outreach Service
Providence Care Hospital
and the Department of Psychiatry
Faculty of Health Sciences
Queen's University



Providence
Care

Workshops

Workshop #1 Dr. Pierre Blier

Management of Depression

Objectives: At the end of this session you will: Be able to recognize challenges in managing Depression and be able to outline new treatment strategies.

Workshop #2 Dr. Oyediji Ayonrinde

Therapeutic Approaches to the Management of Cannabis Associated with Mood and Anxiety Symptoms.

Objectives: At the end of this session you will: Be able to apply understanding of the cannabinoids (THC & CBD) in the recognition of concurrent Mood and Anxiety Disorders and develop practical therapeutic approaches to the management of cannabis related disorders.

Workshop #3 Dr. Roumen Milev

Management of Bipolar Disorder

Objectives: At the end of this session you will: Be able to recognize challenges in managing Mood Disorders and be able to list the main and new strategies in management of Bipolar Disorders.

Workshop #4 Dr. Claudio Soares

A Closer Look into Somatic Symptom Disorder in Mood and Anxiety Disorders

Objectives: At the end of this session you will: Be able to recognize when somatic symptom disorder represents a challenge while addressing Mood and Anxiety and be able to identify key strategies for treatment optimization.

Workshop #5 Gary & Krista Ledbetter/Dr. Roumen Milev

FILM – Transitional Discharge Model

Objectives: At the end of this session you will: Be able to understand how the Transitional Discharge Model is assisting patients who are discharged.

Workshop #6 Dr. Matt Tobin

Management of Depression in the Elderly

Objectives: At the end of this session you will: Be able to recognize common symptoms and presentations of Depression in the Elderly and discuss management options for Depression in the geriatric population.

Workshop #7 Dr. Lokesh Nukalapati/Dr. Sanjeev Sharma

Management of Mood and Anxiety Disorders in Children & Adolescents

Objectives: At the end of this session you will: Be able to recognize common symptoms and presentations of Mood and Anxiety Disorders in children and adolescents and be able to outline treatment strategies.

Workshop #8 Todd Buchanan

“Let’s Stomp Stigma: The Elephant in the Room”

Objectives: At the end of this session you will: Be able to discuss and understand a first person account of dealing with the stigma of having a mental illness.

Program Agenda Saturday, Nov 3rd, 2018

7:45 am	Registration & Continental Breakfast
8:00 am	Developments in Mood & Anxiety Disorders Dr. Roumen Milev (Chair) <u>Plenary Session 1:</u> New Developments in the Management of Depression Dr. Pierre Blier Objectives: After this presentation, the participant will: Become aware of new developments in the management of Depression and be able to apply what is new in the identification and management of people with Depression.
8:15 am	<u>Plenary Session 1:</u> New Developments in the Management of Depression Dr. Pierre Blier Objectives: After this presentation, the participant will: Become aware of new developments in the management of Depression and be able to apply what is new in the identification and management of people with Depression.
9:00 am	Question & Answer Period
9:15 am	Coffee & Refreshment Break
9:30 am	<u>Plenary Session 2:</u> Cannabis, Anxiety and Mood Disorders: An Overview Dr. Oyediji Ayonrinde Objectives: After this presentation, the participant will: Be able to recognize the role and interplay of different cannabinoids and the endocannabinoid system and be able to understand the influence of cannabinoids in the manifestation and modulation of Mood and Anxiety Disorders.
10:15 am	Question & Answer Period
10:30 am	Coffee & Refreshment Break
11:00 am	<u>Plenary Session 3:</u> What is New in Bipolar Disorder Guidelines Dr. Roumen Milev Objectives: After this presentation, the participant will: Be aware of the new CANMAT Guidelines for Bipolar Disorder and be able to apply what is new in the identification and management of people with Bipolar Disorder.
11:45 am	Question & Answer Period
12:00 pm	Lunch (included)
12:30 pm	Research Poster Session (Facilitated)
1:00 pm	1st Workshop Session (Registrants attend 1)
2:00 pm	2nd Workshop Session (Registrants attend 1)
3:00 pm	Coffee & Refreshment Break
3:15 pm	3rd Workshop Session (Registrants attend 1)
4:15 pm	Mood Disorders Outpatient and Outreach Program Dr. Ruzica Jokic

Please note that space is limited. We suggest that you register early to avoid disappointment. You will not receive a written acknowledgement of your registration. Contact conference organizer to find out about a corporate discount.

A processing fee of \$70 will be retained or billed on all cancellations after **October 19th**. If this program is cancelled for any reason, registrants will be advised and full refunds will be issued.

Credit card payments will be noted on your credit card statements as a payment to “Queen’s University, Financial Services,” and not as a payment made directly to this program.

CME Credits

Credits for Family Physicians:

This Group Learning Program meets the certification criteria of The College of Family Physicians of Canada and has been certified by Queen’s University for up to **7** MAINPRO+ credits.

Credits for Specialists:

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and approved by Queen’s University. You may claim a maximum of **7** credits.

Credits for Others:

This is an accredited learning activity which provided up to **7** hours of Continuing Education

Online Registration Information

Online registration is available through the Queen’s Continuing Professional Development:
<http://healthsci.queensu.ca/faculty-staff/cpdprograms/mad2018>

Questions?

**If you have questions,
please feel free to contact:**

Marianne McGuire

Telephone 613-544-4900 ext 73002

Fax 613-548-5580 or

e-mail: mcguirm3@providencecare.ca

REGISTRATION FORM

Mood & Anxiety Disorders 18th Annual Conference

Saturday, November 3rd, 2018

Online Registration Available:

<https://healthsci.queensu.ca/faculty-staff/cpd/programs/mad2018>

Family Physician Specialist (specify) _____ Resident
 Nurse Practitioner Student Other _____

Name: _____

Mailing Address (necessary): _____

Have you attended the MAD Conference in the past? Yes/No
Permission to put City/Town on Name Tag: Yes/No

Tel: _____

Fax: _____

E-mail (required): _____

How did you hear about our conference? _____

Registrants will have the opportunity to attend 3 of the 8 workshops. Please indicate the 4 workshops you would most like to attend. We will make every effort to register you in 3 of your 4 choices.

Ist choice	2nd choice	3rd choice	4th choice
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Registration Fees—please circle one:

	Early Registration	After Oct 19th
Conference	\$249	\$279
Residents	\$129	\$169
Students	\$69	\$99

Corporate Price: 6 people for price of 3 registrations

Method of Payment (please check one)

Cheque¹ Cash Credit Card

¹Please make cheque payable to **Queen’s University**
If paying by credit card, please complete.

Credit Card # _____ Visa MasterCard

Exp. date _____ CVV _____ Amount _____

Signature _____

Please mail or fax to the address on the reverse.
Only credit card registrations will be accepted by FAX: (613) 548-5580