Acknowledgement of Support
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**Faculty**

Oydeji Ayonrinde, MBBS, MSc, DHHMSA, FRCPsych, DIC, MBA
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Professor, Department of Psychiatry & Cellular/Molecular Medicine
Research Chair in Mood Disorder Research, University of Ottawa

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Advanced Level Wellness Recovery Action Planning Facilitator
Trauma Informed Practices Trainer
Operations Manager Peer Support South East Ontario
Professor Loyalist College, Social Service Worker Program

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Associate Professor & Deputy Head, Department of Psychiatry, Queen’s University

Gary Ledbetter, BFA (Film)
Director, Writer & Co-Producer, of Internationally award winning films “Henry and Verlin”, “Meds”, “Good Days, Bad Days”, “Stop Pointing”, “The Mind Canvases”, “Living It Forward” and “Recovery”

Krista Ledbetter, BAA (Film)
Co-Producer, Director of award winning film “Meds”, “Good Days, Bad Days”, “Stop Pointing”, “The Mind Canvases”, “Living It Forward” and “Recovery”

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Assistant Professor, Department of Psychiatry, Queen’s University

Claudio Soares, MD, PhD, FRCPC, MBA
Professor & Head, Department of Psychiatry, Queen’s University

Matt Tobin, MD, FRCPC
Geriatric Psychiatry Subspecialty Resident, Department of Psychiatry, Queen’s University

**CALL FOR ABSTRACTS**
Research Posters will be displayed during the lunch break.

Please fax, e-mail or mail your abstracts to the address on the registration form.

Directions to Donald Gordon Conference Centre
Take Sir John A. MacDonald Blvd exit # 615 Off Hwy # 401. Continue South on Sir John A. MacDonald Blvd until you reach Union Street. Turn left onto Union Street. The Donald Gordon Conference Centre is located on the left at 421 Union Street, Kingston. 613-533-2221 — www.donaldgordoncentre.com

**Planning Committee**

**CHAIR**
Roumen Milev, Psychiatrist
Professor of Psychiatry and Psychology
Director, Centre for Neuroscience Studies, Queen’s University

Luigi Battel, Family Physician
Practice in Kingston, Ontario

Casimiro Cabrera-Abreu, Psychiatrist
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Gustavo Vazquez, Psychiatrist
Professor, Department of Psychiatry, Queen’s University

**Conflict of Interest Disclosure**
Faculty of Health Sciences policy requires speakers who may have a conflict of interest (i.e. pharmaceutical funding, etc.) to disclose such to the Faculty and to the audience.

**Presented by**
Mood Disorders Outpatient & Outreach Service
Providence Care Hospital
and the Department of Psychiatry
Faculty of Health Sciences
Queen’s University

**Saturday November 3rd, 2018**
Donald Gordon Conference Centre, Kingston, ON
Program Agenda
Saturday, Nov 3rd, 2018
7:45 am Registration & Continental Breakfast
8:00 am Developments in Mood & Anxiety Disorders
Dr. Roumen Miley (Chair)
Plenary Session 1:
New Developments in the Management of Depression
Dr. Pierre Blier
Objectives: After this presentation, the participant will: Become aware of new developments in the management of Depression and be able to apply what is new in the identification and management of people with Depression.
9:00 am Question & Answer Period
9:15 am Coffee & Refreshment Break
9:30 am Plenary Session 2:
Cannabis, Anxiety and Mood Disorders: An Overview
Dr. Oyedeji Ayonrinde
Objectives: After this presentation, the participant will: Be able to recognize the role and interplay of different cannabinoids and the endocannabinoid system and be able to understand the influence of cannabinoids in the manifestation and modulation of Mood and Anxiety Disorders.
10:15 am Question & Answer Period
10:30 am Coffee & Refreshment Break
11:00 am Plenary Session 3:
What is New in Bipolar Disorder Guidelines
Dr. Roumen Miley
Objectives: After this presentation, the participant will: Be aware of the new CANTAM Guidelines for Bipolar Disorder and be able to apply what is new in the identification and management of people with Bipolar Disorder.
11:45 am Question & Answer Period
12:00 pm Lunch (included)
12:30 pm Research Poster Session (facilitated)
1:00 pm 1st Workshop Session (Registrants attend 1)
2:00 pm 2nd Workshop Session (Registrants attend 1)
3:00 pm Coffee & Refreshment Break
3:15 pm 3rd Workshop Session (Registrants attend 1)
4:15 pm Mood Disorders Outpatient and Outreach Program
Dr. Ruzica Jakic
Please note that space is limited. We suggest that you register early to avoid disappointment. You will not receive a written acknowledgement of your registration. Contact conference organizer to find out about a corporate discount.
A processing fee of $70 will be retained on all cancellations after October 19th. If this program is cancelled for any reason, registrants will be advised and full refunds will be issued.
Credit card payments will be noted on your credit card statement as a payment to “Queen’s University, Financial Services,” and not as a payment made directly to this program.

CME Credits
Credits for Family Physicians:
This Group Learning Program meets the certification criteria of The College of Family Physicians of Canada and has been certified by Queen’s University for up to 7 MAINPRO+ credits.

Credits for Specialists:
This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and approved by Queen’s University. You may claim a maximum of 7 credits.

Credits for Others:
This is an accredited learning activity which provided up to 7 hours of Continuing Education

Online Registration Information
Online registration is available through the Queen’s Continuing Professional Development:
http://healthsci.queensu.ca/faculty-staff/cpdlprograms/mad2018

Questions?
If you have questions, please feel free to contact:
Marianne McGuire
Telephone 613-544-4900 ext 73002
Fax 613-548-5580 or
e-mail: mcguirm3@providencecare.ca

REGISTRATION FORM
Mood & Anxiety Disorders 18th Annual Conference
Saturday, November 3rd, 2018
Online Registration Available: https://healthsci.queensu.ca/faculty-staff/cpdlprograms/mad2018

Have you attended the MAD Conference in the past? Yes/No
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Please mail or fax to the address on the reverse.
Only credit card registrations will be accepted by FAX: (613) 548-5580

Workshops

Workshop #1 Dr. Pierre Blier
Management of Depression
Objectives: At the end of this session you will: Be able to recognize challenges in managing Depression and be able to outline new treatment strategies.

Workshop #2 Dr. Oyedeji Ayonrinde
Therapeutic Approaches to the Management of Cannabis Associated with Mood and Anxiety Disorders.
Objectives: At the end of this session you will: Be able to recognize the role and interplay of different cannabinoids and the endocannabinoid system and be able to understand the influence of cannabinoids in the manifestation and modulation of Mood and Anxiety Disorders.

Workshop #3 Dr. Roumen Miley
Management of Bipolar Disorder
Objectives: At the end of this session you will: Be able to recognize challenges in managing Mood Disorders and be able to list the main and new strategies in management of Bipolar Disorders.

Workshop #4 Dr. Claudio Soares
A Closer Look into Somatic Symptom Disorder in Mood and Anxiety Disorders
Objectives: At the end of this session you will: Be able to recognize when somatic symptom disorder represents a challenge while addressing Mood and Anxiety and be able to identify key strategies for treatment optimization.

Workshop #5 Gary & Krista Ledbetter/Dr. Roumen Miley
FILM – Transitional Discharge Model
Objectives: At the end of this session you will: Be able to understand how the Transitional Discharge Model is assisting patients who are discharged.

Workshop #6 Dr. Matt Tobin
Management of Depression in the Elderly
Objectives: At the end of this session you will: Be able to recognize common symptoms and presentations of Depression in the Elderly and discuss management options for Depression in the geriatric population.

Workshop #7 Dr. Lokesh Nukalapati/Dr. Sanjeev Sharma
Management of Mood and Anxiety Disorders in Children & Adolescents
Objectives: At the end of this session you will: Be able to recognize common symptoms and presentations of Depression in the Elderly and discuss management options for Depression in the geriatric population.

Workshop #8 Todd Buchanan
“Let’s Stomp Stigma: The Elephant in the Room”
Objectives: At the end of this session you will: Be able to discuss and understand a first person account of dealing with the stigma of having a mental illness.

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Marianne McGuire
Telephone 613-544-4900 ext 73002
Fax 613-548-5580 or
e-mail: mcguirm3@providencecare.ca

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