

Acknowledgement of Support

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Please complete the registration form on the reverse and fax to (613) 548-5580

OR mail to:

**Providence Care,
Mental Health Services
752 King Street West
Kingston, ON K7L 4X3**

**Attention: Marianne McGuire
e-mail: mcguirm3@providencecare.ca**

Faculty

Renee Fitzpatrick, MB, MRCPsych, FRCPC
Lead, Shared Care Services
Director of Student Affairs, Queen's School of Medicine
Assistant Professor, Departments of Psychiatry, Queen's University

Ruzica Jokic, MD, FRCPC
Associate Professor, Department of Psychiatry, Queen's University
Clinical Program Director, Mood Disorders Outpatient & Outreach Service, Providence Care, Mental Health Services

Carolyn Kennedy, BA (Hons)
Career Coach, Yoga Teacher & Consumer

Julia Kirkham, MD, MSc, FRCPC
Research Fellow, Geriatric Psychiatry
Department of Psychiatry, Queen's University

Gary Ledbetter, BFA (Film)
Director, Writer & Co-Producer, of Internationally award winning films "Henry and Verlin", "Meds", "Good Days, Bad Days", "Stop Pointing", "The Mind Canvas", "Living It Forward" and "Recovery"

Krista Ledbetter, BAA (Film)
Co-Producer, Director of award winning film "Meds", "Good Days, Bad Days", "Stop Pointing", "The Mind Canvas", "Living It Forward" and "Recovery"

Roumen Milev, MD, PhD, FRCPSych, FRCPC
Professor & Head, Department of Psychiatry, Queen's University

Johanne Roberge, MD, FRCPC
Assistant Professor, Department of Psychiatry, Queen's University

Gustavo Vázquez, MD, PhD
Professor, Department of Psychiatry, Queen's University

Michael Van Ameringen, MD, FRCPC
Professor, Department of Psychiatry & Behavioural Neurosciences
Director, MacAnxiety Research Centre
McMaster University

Rudolf Uher, MD, PhD, MRCPsych
Associate Professor, Department of Psychiatry
Canada Research Chair in Early Intervention
Dalhousie University

CALL FOR ABSTRACTS

Research Posters will be displayed during the lunch break.

Please fax, e-mail or mail your abstracts to the address on the registration form.

Directions to Donald Gordon Conference Centre

Take Sir John A. MacDonald Blvd exit # 615
Off Hwy # 401. Continue South on
Sir John A. MacDonald Blvd until you reach
Union Street. Turn left onto Union Street. The
Donald Gordon Conference Centre is located on
the left at **421 Union Street, Kingston.**
613-533-2221 — www.donaldgordoncentre.com



Planning Committee

CHAIR

Roumen Milev, Psychiatrist
Professor & Head,
Department of Psychiatry, Queen's University

Luigi Battel, Family Physician
Practice in Kingston, Ontario

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Conflict of Interest Disclosure

Faculty of Health Sciences policy requires speakers who may have a conflict of interest (i.e. pharmaceutical funding, etc.) to disclose such to the Faculty and to the audience.



16TH ANNUAL CONFERENCE MOOD & ANXIETY DISORDERS

A COMPREHENSIVE UPDATE OF
MANAGEMENT & THERAPEUTICS

**Saturday
November 5th, 2016**

Presented by
Mood Disorders Outpatient
& Outreach Service
Providence Care, Mental Health Services
and the Department of Psychiatry,
Faculty of Health Sciences
Queen's University



Providence
Care

Workshops

Workshop #1 Dr. Michael Van Ameringen

From Shyness to Avoidance

Objectives: At the end of this session you will: Be able to describe and understand the differences between pathological states and abnormal anxiety traits.

Workshop #2 Dr. Gustavo Vazquez

Unipolar vs. Bipolar Depression: Why Should I Care?

Objectives: At the end of this session you will: Be able to distinguish Bipolar Depression from Unipolar Depression and understand the new concept of Major Depressive Disorder with mixed features and be able to provide a reasonable treatment plan for patients with Bipolar Depression.

Workshop #3 Dr. Rudolf Uher

How Can Genetics of Depression Inform Your Management?

Objectives: At the end of this session you will: Be able to provide an overview of the genetics of Major Depressive Disorder and to summarize the new developments in pharmacogenomics and personalized medicine in Depression.

Workshop #4 Dr. Renee Fitzpatrick

Collaborative Mental Health Care...Keys to Success

Objectives: At the end of this session you will: Be able to optimize mental health access and support in the shared care setting when treating a patient with Mood Disorders.

Workshop #5 Dr. Johanne Roberge

Common Acute Presentations in Child & Adolescent Psychiatry and Best Management Practices

Objectives: At the end of this session you will: Be able to identify best psychiatry acute presentation management practices when treating children and adolescents.

Workshop #6 Gary & Krista Ledbetter & Dr. Roumen Milev

FILM – At Your Service: Living with Mental Illness

Objectives: At the end of this session you will: Be able to identify the difficulties of living with mental illness and the experience of undergoing treatment.

Workshop #7 Dr. Ruzica Jokic

Doc, I Can't Sleep—Updates on Treatment of Insomnia in Mood Disorders

Objectives: At the end of this session you will: Be able to identify challenges in recognition of sleep problems in Mood Disorders and discuss non-pharmacological and pharmacological treatment options.

Workshop #8 Dr. Julia Kirkham

Management of Mood & Anxiety Disorders in Early Dementia

Objectives: At the end of this session you will: Be able to discuss typical mood and anxiety symptoms in patients with newly diagnosed dementia along with the challenges in differential diagnosis and outline important treatment options for treatment of mood and anxiety symptoms in early dementia.

Workshop #9 Carolyn Kennedy

Consumer: A Personal Perspective of Depression in a Bipolar Illness

Objectives: At the end of this session you will: Be able to discuss and understand a first person account of the complexities of the treatment process.

Program Agenda Saturday, Nov 5th, 2016

7:45 am	Registration & Continental Breakfast
8:00 am	Developments in Mood & Anxiety Disorders <i>Dr. Roumen Milev (Chair)</i> Plenary Session 1: Prediction of Response in Anxiety Disorder <i>Dr. Michael Van Ameringen</i> Objectives: After this presentation, the participant will: Be able to identify the main components of response to treatment in patients who suffer anxiety
8:15 am	Plenary Session 1: Prediction of Response in Anxiety Disorder <i>Dr. Michael Van Ameringen</i> Objectives: After this presentation, the participant will: Be able to identify the main components of response to treatment in patients who suffer anxiety
9:00 am	Question & Answer Period
9:15 am	Coffee & Refreshment Break
9:30 am	Plenary Session 2: Use of Antidepressants in Bipolar Disorder <i>Dr. Gustavo Vázquez</i> Objectives: After this presentation, the participant will: Be able to conceptualize the role of antidepressants in Bipolar Disorder and critically evaluate pros and cons of prescribing antidepressants in Bipolar Disorder
10:15 am	Question & Answer Period
10:30 am	Coffee & Refreshment Break
11:00 am	Plenary Session 3: Recent Advances in Major Depressive Disorder <i>Dr. Rudolf Uher</i> Objectives: After this presentation, the participant will: Be able to summarize the novel pharmacological and non-pharmacological treatments for Major Depression Disorder and identify challenges in the treatment of patients with Treatment-resistant Depression
11:45 am	Question & Answer Period
12:00 pm	Lunch (included)
12:30 pm	Research Poster Session
1:00 pm	1st Workshop Session (Registrants attend 1)
2:00 pm	2nd Workshop Session (Registrants attend 1)
3:00 pm	Coffee & Refreshment Break
3:15 pm	3rd Workshop Session (Registrants attend 1)
4:15 pm	Mood Disorders Research & Treatment Service <i>Dr. Ruzica Jokic</i>

Please note that space is limited. We suggest that you register early to avoid disappointment. You will not receive a written acknowledgement of your registration. Contact conference organizer to find out about a corporate discount.

A processing fee of \$70 will be retained or billed on all cancellations after **October 21st**. If this program is cancelled for any reason, registrants will be advised and full refunds will be issued.

Credit card payments will be noted on your credit card statements as a payment to “Queen’s University, Financial Services,” and not as a payment made directly to this program.

CME Credits

Credits for Family Physicians:

This Group Learning Program meets the certification criteria of The College of Family Physicians of Canada and has been certified by Queen’s University for up to **7** MAINPRO+ credits.

Credits for Specialists:

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and approved by Queen’s University. You may claim a maximum of **7** credits.

Credits for Others:

This is an accredited learning activity which provided up to **7** hours of Continuing Education

Online Registration Information

Online registration is available through the Queen’s Continuing Professional Development:

<http://healthsci.queensu.ca/education/cpd/programs/mad16>

Questions?

If you have questions,

please feel free to contact:

Marianne McGuire

Telephone 613-548-5567 ext 5823

Fax 613-548-5580 or

e-mail: m McGuirm3@providencecare.ca

REGISTRATION FORM

Mood & Anxiety Disorders 16th Annual Conference

Saturday, November 5th, 2016

Online Registration Available:

<http://healthsci.queensu.ca/education/cpd/programs/>

Family Physician Specialist (specify) _____
 Resident Student Other _____

Name: _____

Mailing Address (necessary): _____

Have you attended the MAD Conference in the past? Yes/No
Permission to put City/Town on Name Tag: Yes/No

Tel: _____

Fax: _____

E-mail (required): _____

How did you hear about our conference? _____

Registrants will have the opportunity to attend 3 of the 9 workshops. Please indicate the 4 workshops you would most like to attend. We will make every effort to register you in 3 of your 4 choices.

Ist choice	2nd choice	3rd choice	4th choice
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Registration Fees—please circle one:

	Early Registration	After Oct 21st
Conference	\$229	\$259
Residents	\$109	\$149
Students	\$69	\$99

Corporate Price: 6 people for price of 3 registrations

Method of Payment (please check one)

Cheque¹ Cash Credit Card

¹Please make cheque payable to **Queen’s University**
If paying by credit card, please complete.

Credit Card # _____ Visa MasterCard

Exp. date _____ CVV _____ Amount _____

Signature _____

Please mail or fax to the address on the reverse.
Only credit card registrations will be accepted by FAX: (613) 548-5580