

My name is Alex and I have recently finished my residency training at Queen's University.

The training lasted from July 1, 2012 to June 30, 2017 and was filled with fun memories and much learning! With the help of countless attendings and my colleagues, I have gradually matured from a wild-eyed R1 at a loss for what to do in section E that first night on call to the now (hopefully) competent psychiatrist running two teams in the community. It has been quite a journey and behind every step, I had the full support of the entire faculty and resident body behind me for which I am eternally grateful.

To future CaRMS applicants, I am looking forward to seeing all of you for CaRMS interviews and I highly recommend Queen's as your TOP, NUMBER 1 RANKING!



Alex is second from right, middle row, surrounded by other residents.