



Dr. Stephanie Emmanuel R1

Educational background:

BSc Human Biology and Psychology: University of Toronto

MD: National University of Ireland, Galway

Hometown: Markham, Ontario

Research/Academic interests: Primarily Child and Adolescent Psychiatry, but currently studying the relationship between preoperative mood and anxiety and postoperative pain and morbidity in patients undergoing surgical management for breast cancer

Hobbies/Personal interests: All things music; singing, dancing, and playing the piano. Reading, especially in

coffee shops. Travelling and checking off the Bucket List. Baking, and eating said baked goods. Fitness, Yoga, and Aerial Silks. Laughing with family and friends :)

What is your favorite sound?

Rain Drops outside my window

What is your greatest accomplishment?

Raising donations and volunteering at an orphanage in Kenya while doing a medical elective abroad

What type of Psychiatry would you like to practice in the future?

Child and Adolescent Psychiatry

What is your most treasured possession?

A letter of support and encouragement from my grandfather, given to me when I moved to Ireland for medical school.

What is your motto (or words that mean a lot to you)?

Eventually all the pieces fall into place. Until then, Laugh at the confusion, Live for the moment, and Know that everything happens for a reason!

You're a new addition to the crayon box. What color would you be and why?

Cerulean. It covers a wide range of hues ranging from blue to cyan and reminds of the clear skies and ocean views

Which living person do you admire most?

My Mom

Which superpower would you most like to have?

Telepathy

Where would you like to live?

Anywhere as long as I am surrounded by family and friends!