



# Dr. Matthew Pierce R1

**Educational background:** I obtained my undergraduate degree in Biopsychology at University of Winnipeg. Initially, I wasn't entirely sure of the direction I wanted to go, but I explored courses and eventually ended up with this degree. I liked physiology, cognitive neuroscience, psychology, neuropsychology. I also liked

being able to tie in knowledge about brain anatomy and the associated function of different areas of the brain. The brain is immeasurably complex and after doing my undergraduate degree, I have concluded that nothing in the brain is simple, everything is complicated. I obtained my MD at Trinity College in Dublin, Ireland.

**Hometown:** I was born and raised in Winnipeg, Manitoba.

**Research/Academic interests:** I have an interest in psychotic disorders. An area that I'm currently reading up on is: Inflammation and schizophrenia. There is some evidence that strong NSAIDs (COX-2 inhibitors) may be used as an adjunct to antipsychotics. At this point in my career, I'd like to spend more time clinically working in first episode psychosis.

**Hobbies/personal interests:** I enjoy working out at the gym. I also enjoy basically any type of watersport: sailing, rowing, wakeboarding, waterskiing, and windsurfing. Kingston is probably among the best in the country for these sorts of things. I also like to hike and do canoe trips. I am really into cars as well. My favourite style would be early 90's Japanese imports. My dream car would be Toyota Supra Turbo. My favourite restaurant in Kingston would be Casa.

**What would you like to tell prospective applicants to our program?**

I think we have a very strong culture of education, which is also enhanced by the diversity in attendings with different training backgrounds. You are bound to find a style of psychiatry that resonates with you.

**What is your favorite sound?**

The sound of a V8 engine.

**What is your greatest accomplishment?**

Being able to make it through the last few years of med school and matching to a great program.

**What is your most treasured possession?**

My bicycle, which I treasure dearly from a sentimental point of view. My bike was my absolute lifeline through my 5 years in Dublin. When I came to Queens, I actually disassembled the bike and flew it back to Canada with me. It wasn't a fancy bike and but it struck a nice balance between having strong components for reliable long distance riding while appearing plain enough that I could leave it anywhere without getting stolen.

**What is your most marked characteristic?**

Loyalty.

**Which superpower would you most like to have?**

Reading minds.

**What does your ideal day look like?**

I'd get up in the morning just after sunrise. I go for a row while the water is still calm and I would go for a slalom ski after. I'd finish the morning off with a walk before having a brunch. For the afternoon, I'd go sailing and wrap up the day with a BBQ and bonfire in the evening.