



Dr. Jen Pikard R3

Educational Background: I went to Queen's University for my Bachelor's Degree in Biology/Psychology and my Master's Degree in Health Promotion. I spent 3 months in Kenya as part of my work on HIV education for my Honour's and Master's thesis research. I have a Diploma in Higher Education in Medical Sciences from Northumbria University in Newcastle, UK and I attended the Global Scholars

Program for my MD from St. George's University School of Medicine in Grenada, West Indies.

Hometown: I'm from White Rock, B.C. There really is a white rock on the beach and it gets painted white every so often to cover the graffiti!

Research Interests: I'm interested in chronic pain and quality improvement research. I'm on the Quality Improvement Committee and Resident Advisory Committee.

Hobbies/Personal Interests: I run and enjoy reading for pleasure. I like not cooking.

What would you like to tell prospective applicants to our program?

Opportunities for research are self-directed and widely available depending on what you are interested in. We are a friendly close knit group and a small program which gives lots of opportunities.

What is your favourite sound?

The sound of my alarm not going off. The sound of my pager not going off. You get the idea.

What does your ideal day go like?

Sleep, eat, run, sleep, eat, run. Ideally, one run, two sleeps and several eatings.

What is your most treasured possession?

If my laptop went missing, I'd be like 'I didn't back it up!'

If there was a movie produced about your life, who would play you and why?

David Attenborough because his voice is like "ahhhh".

You're a new addition to the crayon box. What color would you be and why?

Mauve...it's a hilarious word.