



Dr. Amer Sapru R2

Education background: I did my Bachelor's in Biology (Honours) at York University, then attended Ross University School of Medicine.

Hometown: I actually grew up in Harare, Zimbabwe. My family immigrated to Canada in 2003. Besides English, I can speak Urdu and a little Shona too.

Research/Academic interests: I'm interested in immigration and mental health. I'd like to do a comparison study between

immigrant mental health and aboriginal mental health.

Hobbies/Personal interests: Cricket is a big passion of mine, I played league cricket growing up and continue to do so in Kingston! I also love to play and watch Soccer. If not doing those two things, you'll find me catching a flick in my spare time as well.

What would you tell prospective applicants?

This will be your second home, your family away from family.

What kind of psychiatry would you like to practice in the future?

I'm still undecided. I'd like to see everything and decide afterwards.

If you weren't a psychiatry resident, what else would you have done?

I'd probably go into family medicine because there's a lot of psychiatry in family medicine. Or dentistry...the mouth is close enough to the brain, right?

What is your favourite sound?

The crash symbol on a drumset. It's immediately loud but trails off into space and nothingness.

If you were a new addition to a crayon box, what colour crayon would you be?

Whatever a neutral colour is: maybe...green. Something that matches my calm, chill and cool personality.

What is your most treasured possession?

I don't have one. Everything comes and goes.

Which superpower would you like?

I'd like to read minds.

What would your ideal day look like?

I'd like to wake up late and play cricket with my mates then come home and eat some tandoori chicken (Yum!).

What is your favourite restaurant in Kingston?

Ali Baba's on Princess Street.