



# Dr. Amanda Richer R1

**Educational background:** I studied Psychology and then completed a Masters in Human Development at Laurentian University in Sudbury, ON. Before medical, I worked as a Psychometrist in Kapuskasing. I obtained my MD degree from the Northern Ontario School of Medicine (NOSM).

**Hometown:** I was born and raised in Kapuskasing, located in Northeastern Ontario.

**Research/Academic interests:** At this point, I am interested in psychosis, forensic psychiatry and eating disorders. I would like to practice as a general psychiatrist in the future.

**Hobbies/Personal interests:** I enjoy music. I love singing and I love going to concerts. Some of my favourite artists are City and Colour, Mumford and Sons and Metric. I am currently learning to play guitar. I love travelling as well. I try to go somewhere in the winter every year and I'm going to Jamaica this winter. I also enjoy running, going to the gym and spending time with my boyfriend Marc and our dog Stella. Tango Nuevo is my favourite restaurant in Kingston. I also love the breakfast at Pan Chancho. And lastly i would like to add that "Je suis Francophone!"

## **What would you like to tell prospective applicants to our program?**

For me, Queens was an obvious choice because Kingston is an amazing city and Queens has an amazing program. Kingston offers many of the things that larger centres offer, like an amazing variety of restaurants, beautiful waterfront trails and good shopping. However, if you are not a big city person like me you will enjoy being able to walk everywhere and encountering friendly familiar faces. The program is great. The best part of it is the resident group. Everyone in the program is so helpful and welcoming. We also get good funding for conferences and the staff are very knowledgeable and kind.

## **If you weren't a psychiatry resident, what other speciality (or occupation) would you have done?**

I would love to be part of a band. I'd be the singer. I am picturing more of an alternative rock sound, like the band Metric. I would definitely want to tour. I'd probably do my tours in a more low key way, instead of having a huge bus full of my band members, roadies and groupies.

**What is your favorite sound?**

Waves while lying on the beach.

**What is your greatest accomplishment?**

I won a fitness competition in 2012 in Sudbury. It requires a lot of training and discipline which I did not know I had.

**Which living person do you admire most?**

My mom.

**Which superpower would you most like to have?**

Reading minds.

**If there was a movie produced about your life, who would play you and why?**

Julianne Moore. I really like her acting and a few people have said I kind of look like her.