



# **Dr. Spencer Haze R1**

## **Education background:**

My undergraduate degree was a Bachelor of Science in Psychology at Trent University. I started off university thinking that I wanted to do forensics and anthropology, but I subsequently took biology, chemistry, linguistics, drama, and even journalism before settling on psychology.

I obtained my MD at McMaster's Niagara campus. I loved it there, and especially enjoyed the small size of the campus because I got to know everyone really well.

I spent last year at Durham College obtaining a post-graduate certificate in Victimology where I learned how to help those with past traumas.

## **Hometown:**

I was born in Pickering and lived there until I was ten, at which point we moved to Oshawa. I was born at home, and my parents actually built the house we lived in!

## **Research/Academic interests:**

I'd like to specialize in Child and Adolescent Psychiatry and work with personality disorders – antisocial or borderline personality. I'm interested in research into youth with borderline personality disorder. When can we diagnose it, what are the precursors, and is it useful to diagnose it at an earlier age? I'm also interested in ADHD and potential clinical subtypes.

## **Hobbies/Personal interests:**

I love reading, writing fiction, water sports and swimming. I also enjoy painting and drawing.

## **If you could be any animal in the world, what animal would you be and why?**

I would be a dolphin because they are energetic, super cheeky and they always look like they're having fun!

## **What inspires you?**

Human kindness. Sometimes you're having a tough day and you've lost all hope and in that moment it seems that evil is triumphing over good. But then you see something as simple as someone helping out in a grocery line and it makes you feel like your faith in humanity is restored. It's how I know I'm still fighting the good fight.

## **If you weren't a psychiatry resident, what else would you have done?**

I would be a lawyer. I was actually accepted into law school at Western, but I eventually decided to go McMaster to be a doctor.

**What is your favourite sound?**

The sound of waves lapping an old wooden dock.

**If you were a new addition to a crayon box, what colour crayon would you be?**

Sassy Sapphire.

**What is your most treasured possession?**

A gold locket that my grandfather gave me before he passed away.

**Which superpower would you like?**

Telekinesis. You can move objects AND you can fly because you can move yourself; it would be like having two superpowers in one!

**What would your ideal day look like?**

Spent outdoors in the company of good friends and family. Doing something very active so that by the time I go to bed, I'm just so exhausted I fall right asleep and have a wonderful rest.

**Describe the color yellow to somebody who has never seen the colour.**

Does this person actually want to know what yellow looks like? It's very normalist to describe a concept to someone who doesn't need or have interest in that concept because it's not a part of their life.

**What is your greatest accomplishment?**

A novel I wrote in first year university.

**Where would you like to live if you could live anywhere?**

A small town in Nova Scotia.

**Which living person do you admire the most?**

Melina Marchetta – she's Australian and probably one of my favourite young adult authors. I'm constantly amazed at her writing skill and her ability to completely draw you into the worlds that she creates. I hope someday to be as masterful as she is.

**What's your motto?**

Do absolutely everything you can for people.

**What is your most marked characteristic?**

My honesty.