

Christina Moi

What is your educational background?

I studied Medicinal Chemistry (the organic synthesis of pharmaceuticals).

What is your hometown?

Ottawa

Research/Academic Interests?

Still trying to find my niche... but interested in transcultural psychiatry, medical learner wellness, eating disorders, and psychotropic drug development - among other things!

Hobbies?

Hiking, biking, canoeing, traveling, finding DIY projects... also intermittently being a homebody and cooking up a storm while sipping on amazing espresso.

What is your greatest accomplishment?

The best is yet to come!

What would you like to tell prospective applicants to our program?

Congrats on deciding to apply to Psychiatry! I think what makes Queen's Psych so special is the tight-knit group of residents and staff that are so willing to help you grow as a person, both professionally and personally.

If you could be any animal, what would you be and why?

I think either a bird, so I could travel the world and flee to warmth, or a well-loved dog living with a family that would take me hiking and adventuring!

What inspires you?

People that are able to overcome hardships and stay warm and empathetic

What is your favourite sound?

Pitter patter of rain on an umbrella.

If you were a new addition to the crayon box, what colour would you be?

Blue!

What would your ideal day look like?

I'd wake up early (after a nice restful sleep), have my morning espresso, go on a hike with a picnic at the viewpoint followed by a quick canoe and swim to cool off. Then maybe sit and do an art or DIY project, meet up with friends and discover a great restaurant followed by either a concert or live theatre. I'd then somehow get to a location where a campfire can be had before tucking in for the night. (Also I'd throw in a mid-day nap so this wouldn't be tiring).